

BISHOP LUDDEN NEWSLETTER

"Where character, commitment,
and community come together in
a school for all."

November 2022

IMPORTANT PHONE NUMBERS:

Main Office:

Ms. Lombard
(315) 468-2591

Health Office:

Mrs. Jack
(315) 459-7160

Counseling Office:

Mrs. Rounds
(315) 488-3237

Enrollment:

Mr. Ryan
(315) 579-0086

Tuition Office:

Dc. Nick Alvaro
(315) 459-7175

Development Office:

Mrs. Gilheney
(315) 579-0061

Alumni Relations:

(315) 579-0061

Ludden grad's artwork on display at Everson Museum



Alyssa Taddeo's (class of 2015) "Swan" is currently on display at the Everson Museum in Syracuse as a part of the On My Own Time program. Read more on page 12.

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COUNSELING

For Juniors: You have completed the PSAT, what now? Score reports will be sent to the Counseling Office in late December. If students have not set up their College Board account, please do so. Through this account you will be able to register for an upcoming SAT exam as well as utilize it for test prep and a different college and career search program. Go to www.collegeboard.org and www.actstudent.org to view the schedule of exams and to register.

Which one is right for you? See below.

Test Structure:

SAT: Reading, Writing & Language, Math, Essay (optional)

ACT: English, Math, Reading, Science Reasoning, Essay (optional)

Length:

SAT: 3 hours (without essay); 3 hours, 50 minutes (with essay)

ACT: 2 hours, 55 minutes (without essay); 3 hours 40 minutes (with essay)

Reading:

SAT: 5 reading passages

ACT: 4 reading passages

Science:

SAT: None

ACT: One science section testing your critical thinking skills (not your specific science knowledge).

Math:

SAT: Covers arithmetic, algebra I & II, geometry, trigonometry and data analysis.

ACT: Covers Arithmetic, algebra I & II, geometry, trigonometry, and probability & statistics.

Calculator Policy:

SAT: Some math questions don't allow you to use a calculator.

ACT: You can use a calculator on all math questions.

Essays:

SAT: Optional. The essay will test your comprehension of a source text.

ACT: Optional. The essay will test how well you evaluate and analyze complex issues.

How it's Scored:

SAT: Scored on a scale of 400-1600.

ACT: Scored on a scale of 1-36.

Why take it?

Colleges use SAT and ACT scores for admissions and merit-based scholarships.

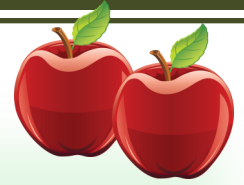
Something else for juniors to be thinking about is starting to research colleges. All juniors have a Naviance account that was created as a sophomore and that program will supply you with the tools to do an advanced college search based on some factors specific to you such as location, size, athletics and majors to name a few. If you aren't ready to research colleges because you have no idea what major you want to pursue, then you can do a career search or personality inventory through Naviance. Now is a great time to be going on college visits to see what specific qualities are important to you in your future home away from home. The more research you do now as a junior, the less work you will have as a senior, so get started now! Your Naviance username is your email and password is something you created. <http://student.naviance.com/bljshs>

Begin to look online (www.actstudent.org and www.collegeboard.org) and plan when you want to take the SAT or ACT so you can find a date that fits your schedule best. There are test dates November-June depending on which one you want to take. Be aware of deadlines so you aren't paying extra fees.

For seniors

For Seniors: Please make sure your child is researching the requirements needed for each individual college and watching deadlines. Teachers, Mrs. Schoeneck, and Miss Doyle need at least 2 weeks notice to write a letter of recommendation. Students also need to request a transcript using the orange transcript request form that was handed out in Religion class at least 2 weeks before a deadline date. Extra copies of the transcript request form are available in the Counseling Office. Students need to notify Mrs. Schoeneck or Miss Doyle of specific deadline dates and whether it is an early action or early decision application.





Meet Ludden's new staff members!

Alexandra Grimm: Library Media Specialist



Alexandra Grimm graduated summa cum laude from Harvard College and taught undergraduate writing at the University of New Hampshire for two and a half years. She holds an MFA in Writing from UNH and an MLIS with School Media Specialization from Syracuse University. As Ludden's teacher-librarian, she is delighted to be

working on all things books, research, and information science with the Ludden community.

Harmony Johnson: Social Worker



By way of California, Miss Johnson comes to us after three years working in an urban school district. She has always been involved in her church, participating in ministries like the usher board, choir, and Praise dance – where she was able to combine her love for dance and worship. She looks forward to working with Mrs.

Schoeneck and Ms. Doyle, as well as other staff, in giving students the necessary tools to navigate life with faith. Miss Johnson loves to kayak, travel, listen to music, and eat. She also enjoys stargazing and practicing calligraphy. Miss Johnson's outgoing nature and smile gives people a sense of welcomeness and trust. She is skilled in problem solving practices as well as active listening.

Terri Gondek: Spanish



Terri Gondek recently came back to teaching last year after a 15-year hiatus. She feels beyond blessed to have been given the opportunity to teach the students of the diocese. When not teaching, Terri loves to cook, bake, spend time with friends, family, and her boyfriend, and cat Luna. Terri is thrilled to have been chosen

as the 7-9 Spanish teacher here at Bishop Ludden.

Meghan Rowe: Psychology



Meghan Rowe is an alumnus of SUNY Oswego with a Bachelor's degree in Psychology. She was a teaching assistant for Dr. Hu's biopsychology course and has experience in tutoring and professional note taking. Her associate degree in studio art from Cayuga Community College contributes to her creative lesson

plans. Miss Rowe works full-time at L'Arche Syracuse where she cares for adults with developmental disabilities. She has a passion for psychology and helping others and is excited to be welcomed into the Bishop Ludden community.

Annibell Coolican: Social Studies



While new to teaching social studies, Annibell Coolican is not new to Bishop Ludden where she served as Director of Enrollment during the 2020-21 school year. Annibell is teaching 7th, 8th, and 12th grade social studies. She earned her bachelor's degree from SUNY Geneseo and more recently, a master's in teaching from

Le Moyne College. Annibell is entering her third year of coaching the cross country, indoor, and outdoor track and field teams here at Ludden. Annibell believes that Ludden is such a strong, tight-knit community and feels blessed to be a part of it!

Christian Jaquay: Concert Band and Music



Christian Jaquay grew up in the Syracuse area graduating from Cicero North Syracuse High School. He graduated Cum Laude from the Setnor School of Music at Syracuse University in 2021 and with a Master's degree in Music Education in 2022. Christian is the lead trumpet player with the Morton Schiff Jazz Ensemble and has been playing in

the Syracuse area for a few years. Christian looks forward to developing a strong instrumental music program at Bishop Ludden.



LUDDEN NEWS

eSports is on a Roll By Maxine Babcock

Bishop Ludden Gaelic Knights eSports is on a roll with straight wins across three different platforms in October. Ben Gentile came through for the squad with a great performance in the Splatoon squad's 3-0 sweep over Madison High School's EagleOdyn team. Tuesdays are game days in Splatoon, with teams from all over the nation competing online. Ryan Skanes starred in his first starting effort, as did more experienced players Anthony Taylor and Peter Smith.

The squad plays Super Smash Bros Ultimate on Wednesdays and Rocket League on Thursdays along with Rocket League star Hayden Parkhurst. Peter claims the top starting spot in Super Smash Bros, with Ben in second and Anthony in the crucial third slot in the head to head game. The teams are coached by Maxine Babcock. Intramural play is starting for players who have ended their fall sports season. Players have to be at least 13 to compete in official play. The team is managed by future star Max Townsend.

Liv Smith entered Bishop Ludden eSports on a high note with superb play in her first Splatoon match. The team overwhelmed Phoenix's Firebird Smash 3-0 in the best of five games match. Congratulations also to Captain Anthony Taylor, Peter Smith, Ben Gentile, manager Max Townsend, and Coach Maxine Babcock!



Liv Smith fully focused while teammates look on.

STEM Stars Tout BL STEM Club

By Maxine Babcock

STEM stars Payton Campbell, Ryan Skanes, Olivia Smith, and Anthony Taylor represented the Bishop Ludden STEM Club at the October Open House. Payton, a freshman, discussed Quiz Bowl and History Bowl and explained how the games work to prospective students.

Bishop Ludden will be hosting the Varsity and JV History Bowl on Dec. 17. Bishop Ludden will repeat as regional host of the Elementary and Middle School History, Science, and Geography Bees (date to be determined). The Quiz Bowl Squads have tournaments online "in " Texas and a live tournament in Ithaca on Nov. 19.

Junior Ryan is one of Science Olympiad C Division's captains. He discussed the many medals won by the teams in both junior and senior high divisions in the highly competitive Midstate regionals. The junior high team headed to the state championship last year and plans to repeat. The team heads to a December invitational in Liverpool and then to regionals in March, with states in April.

Olivia Smith discussed the competitions in both Rockets and Drones. Bishop Ludden sends six rocket teams to the CNY Rocket Team Challenge each June. The Gaelic Knights took two high school awards and Olivia's team won the award for highest apogee. BL did the SPOC Drone challenge last year and will be competing in the BAAN drone challenge which deals with the biomimicry of drones.

Anthony, a freshman who also captains the B-level Science Olympiad team, discussed the Gaelic Knights eSports program. The team was 25th in NYS in Rocket League in 2021 and currently competes in Rocket League, Super Smash Bros, and Splatoon.

All squads are coached by Maxine Babcock.

Bishop Ludden: A Diverse Community

Our Bishop Ludden community is vast yet tight-knit with students coming from 20 school districts that range from Geneva to the west, Sandy Creek to the north, Tully to the south and Chittenango to the east.

INSIDE LUDDEN

'Tis the season to sing!

The Bishop Ludden Christmas Concert is at 7 p.m. Wednesday, Dec. 14 in the Ludden gym. Please mark your calendars and invite your friends and neighbors to hear Ludden's Jr. High Band and the Sr. High Band, both of which will be conducted by our new, fantastic band director, *Mr. Christian Jaquay! You'll also hear Ludden's Jr. High Chorus and Concert Choir, directed by Ms. Jamison. Come support Ludden's music program and get into the holiday spirit at the same time.

Reception after the concert: If you're able to contribute something (some kind of dessert/ treat) for the reception, everyone (especially our student musicians) would appreciate it! Mrs. Caryn Daher has kindly agreed to organize our reception again this year. Please email Mrs. Daher at cpdaher@gmail.com if you can help in any way. Many thanks!

Reminders about concert attire for chorus students and parents:

Jr. High Chorus:

Girls: Solid white shirt/ blouse with black pants or black skirt (length of skirt must meet the knees at least). No leggings, jeggings, or jeans. Nice, dark shoes without heels, please!

Boys: White button-down shirt and black (or navy) pants, and dark shoes (no sneakers, no sweatpants).

Concert Choir:

Girls: Long, simple, solid black dress with some type of sleeve preferred. Dress should be "tasteful" (as in, no plunging necklines).

Boys: Black tuxedos with white shirts or a dark suit with a white shirt. Dark dress shoes.

Please email Ms. Jamison at ajamison@syrdiocese.org if you have any questions. Thank you!



* Speaking of Mr. Jaquay, DID YOU KNOW that Mr. Jaquay has also been working with the Cicero -North Syracuse High School Marching Band as their brass technician? AND, that the Northstars took third place in group IV at the US Bands Open Class National Championships! Congratulations, Mr. Jaquay – Ludden is so fortunate to have you here!



Hail Mary, full of grace

Miss Kolinski and students spent the month of October praying the rosary in the chapel.



INSIDE LUDDEN

Wanted: Readers for Varsity, JV History Bowl

Bishop Ludden is hosting the Varsity and JV History Bowl Regionals on Dec. 17.

We need readers for the event. Please contact Mrs. Maxine Babcock if you are interested. Former Quiz Bowl Players and parents would be very appreciated in terms of volunteering.

We will also be hosting the Elementary and Middle School Science, Geography, and History Bees at Bishop Ludden on March 13.



Quiz Bowl team qualifies for championship tournament

Bishop Ludden's Quiz Bowl team has qualified for the Small School National Championship Tournament (Open Division) for the fourth consecutive year! The A team's Plymouth Invitational performance qualifies the team for a return to Chicago in April alongside host team Plymouth, who will compete in the public school division of SSNCT. Bishop Ludden competes in the extremely challenging Open Division (private schools/magnet schools).

Congrats to Captain Brigid Hardick, Isaiah Apps, Paul Owens, and Peter Smith. The team is coached by Maxine Babcock. Bishop Ludden will attempt to qualify a second team at the Ithaca Fall Invitational on November 19.

Bishop Ludden Quiz Bowl in October By Maxine Babcock

The Texas Tailgate Quiz Bowl Tournament is in the books. A respectable third place finish + literally one tossup, #20, from the finals for Bishop Ludden's A team on Oct. 8. Peter Smith ended up ranked #4 overall (he held first place until later rounds). Isaiah Apps finished 22 overall.

Team highlights include a three-game winning streak to open the tournament, Paul Owens solidifying his starting position with a series of bonus sweeps (only team credit for those), fantastic captaining by Brigid Hardick, and balanced team scoring by every player. The team was only overwhelmed in one game - champs John Cooper A, and all six other games were highly competitive. Congrats to Brigid, Peter, Paul, Isaiah, Ryan Skanes, and Jonathan Daher.

Both the A and B teams traveled to Plymouth, NH for the Plymouth Invitational on Oct. 15. It was a very productive day for the Bishop Ludden - Peter Smith was a book prize winner for the day, with a top 10 individual player finish. The A team took four victories and the B team players scored a lot of points and worked on game skills. The A team missed qualifying for nationals by one question. Great job by A Team Captain Brigid Hardick, Peter, Isaiah Apps, and Paul Owens. The B team was captained by Jon Daher, with Ryan Skanes, Mary Papini, and Lily Janowski. Mary and Lily played live for the first time. The team was coached by Maxine Babcock; she moderated and read a room for all nine rounds. Parents Cheryl Hardick and Daniel Smith drove and chaperoned.

Trip highlights included peak tree season across three states, a visit to Saratoga Springs and its history museum, and a very interesting stay at D Acres in New Hampshire. The not-for-profit educational site was a very a "off-the grid" experience with indoor composting toilets.

INSIDE LUDDEN

Mother Teresa: "Do It Anyway"

People are often unreasonable, irrational, and self-centered. Forgive them anyway.
If you are kind, people may accuse you of selfish, ulterior motives. Be kind anyway.
If you are successful, you will win some unfaithful friends and some genuine enemies. Succeed anyway.
If you are honest and sincere people may deceive you. Be honest and sincere anyway.
What you spend years creating, others could destroy overnight. Create anyway.
If you find serenity and happiness, some may be jealous. Be happy anyway.
The good you do today, will often be forgotten. Do good anyway.
Give the best you have, and it will never be enough. Give your best anyway.
In the final analysis, it is between you and God. It was never between you and them anyway

Thank you to
our veterans.

We appreciate
your service
always.

Girls soccer gives to scholarship fund



Bishop Ludden girls soccer donated \$1,000 to the Delisa Kerwin Memorial Scholarship Fund through their game admissions.

Delisa Kerwin died in October 2021 from breast cancer. Her family and friends established this scholarship fund to help afford children the opportunity and experience to attend Most Holy Rosary and Bishop Ludden, as her own children did.

A HUGE Thank You!



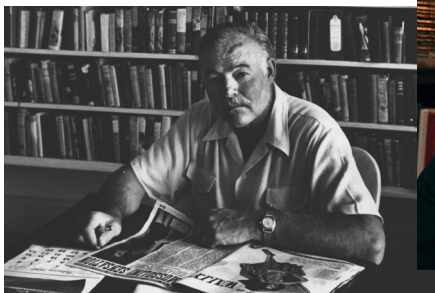
The Bishop Ludden Choir and Cheer Squad send a heartfelt

thank you to parents and staff for all your help and donations with the Rum-mage Sale.

We couldn't have done it without you!

Authors and the art of writing

This year, Ludden students are benefiting from a creative writing class that Jim Marsh teaches as an English elective. They are learning how disparate authors, such as Ernest Hemingway, Stephen King, and Neil Gaiman craft their work. Students produce their own short stories and scripts, and are currently working on writing a composite novel. Various genres are also examined such as Westerns and film noir.



Prayer for Life

Father and maker of all,
you adorn all creation
with splendor and beauty,
and fashion human lives
in your image and likeness.



Awaken in every heart
reverence for the work of your hands,
and renew among your people
a readiness to nurture and sustain
your precious gift of life.

Grant this through our Lord
Jesus Christ, your Son,
who lives and reigns with you in
the unity of the Holy Spirit,
God forever and ever.

Amen

Bishop Lucia visits Ludden



His Way

By Tami S. Scott (newsletter editor)

Tami earned 3rd place in a Xulon Press writing competition over the summer. Xulon Press is a Christian publishing company. While the names have been changed, the story is true.

I knew it before I knew it. Call it women's intuition or maternal instinct, maybe. But when I looked, I was still delightfully — stunned. Two lines. Two lines. Two lines.

I woke up my husband and showed him. He lifted his sleep mask from his eyes to see, then responded cautiously. "It's still really early," he said.

That didn't deter me from spreading the news. I put the long-awaited two-line stick in a brown paper bag and with a bounce in my step, skipped to my parent's house — a one-minute walk away. They greeted me at the door, wondering what exactly I was so excited to tell them. When they looked in the bag, their emotions were a combination of surprise, disbelief maybe, and concern. I was 44 years old but felt like I was 30. Those first moments were the biggest high for me.

My sister came with me for my first appointment to confirm the pregnancy; Teo was traveling for work. After the exam, the doctor sat down and told me I had a very large uterine fibroid, which, with no uncertain terms, would affect my pregnancy. If I were to carry to term — and that was a BIG IF — I would be in tremendous pain. There was a very good chance I would miscarry. "Don't tell anyone at this point," he said. I snickered, of course, picturing my brown paper bag swinging back and forth as I ran to tell my parents. "I'm serious," he said.

That night I went home and sobbed. And sobbed and sobbed. I sobbed the next day and night, and the next day and night. There was no consoling me. I switched practices almost immediately and was comforted over the phone by a sweet voice who welcomed me as a new patient. They were well-versed in pregnancies with older moms and didn't even sound the alarms when I told them my age. And so, the journey began.

Continued on page 12

ALUMNI NEWSLETTER

It's time for gathering, giving thanks

Over the past few months, many of our alumni have gathered for class reunions. They have been joyous events. Many classes had “icebreakers” at local establishments the Friday before their reunions.

The Class of 1970 gathered at Christiano's at Tuscarora on July 16; the Class of 1982 gathered at Skyline Lodge at Highland Forest on July 30 (the weekend of the Hall of Fame induction ceremony and the Patrick T. Mathews Gaelic Knights Open); the Class of 2002 gathered at the Blarney Stone on August 27, the Class of 1972 gathered at the Marriott Syracuse Downtown on September 24 and the Classes of 1990-1994 gathered at Christiano's at Tuscarora on October 8.

On the Saturday mornings before their gatherings, many of the classes gathered for a mass at Bishop Ludden's Chapel and then took a tour of the school. We thank you all for sharing some time with the current faculty, staff, and Board members.

Dr. David Brown, Class of 1970 has some advice for all of us. “So, my advice, in 5 years with the next reunion, make the effort to attend since friendship renewals extends your life and psychological well-being. Some of you will benefit from this free medical advice....” For the classes from 2018, 2013, 2008, 2003, 1998, 1993, 1988, 1983, 1978, 1973 and 1968, and all those who missed a reunion or would like to combine years as the classes of '90-'94 did, please plan a reunion for 2023. It is well worth the effort.

The staff in our development office will help with class lists and contact information, ideas for venues, share your reunion information, lend a yearbook and banner and either a “save the date” or invitation mailing.

We are also very grateful to the classes that gave a Class Gift to Ludden this year and last Fall. The Classes are:

Class of 1981 – Fall of 2021 \$2,261

Classes of 1990-1994 \$850

Class of 1972 \$10,519.72 (there may be a pledge or two out there that is yet to come!)

Class of 1971 is still in the planning stages of a reunion, but they got a head start on the giving with a challenge match that started on Giving Day. As of November 3rd, their Class has already donated \$16,750.

Bishop Ludden's students, families, faculty and staff are very grateful for the generosity of our alumni. Thank you.

We wish all of our alumni a Happy Thanksgiving!



Class of '91



Class of '92

Class of '72 holds 50th reunion



Bishop Ludden's Class of '72 held its 50th reunion in September at the Marriott Syracuse Downtown. It was a two-day joyous celebration featuring an ice-breaker in the lobby of the historic hotel with a dinner the following evening in the Fingerlakes Ballroom. Dozens of graduates from near and far enjoyed catching up with friends and classmates. Many thanks to Ed Riley, owner of the hotel, and Janet Reiman Riley, Class of '72, for their warm and generous hospitality during the memorable reunion weekend. Appreciation is extended to the Reunion Committee of David Pelligrini, Donald O'Leary, Kathy Beney, Michele Donahoe, Sharon Higgins and David Chilinski.

Class of 2002 meets at Blarney



The class of 2002 held its 20th reunion in August at the Blarney Stone. More than 40 people attended, including alumni who traveled from California, DC, Michigan, and Colorado for the event. Everyone had a great time and there is even talk of doing a more informal gathering during the holidays.

Class of '93



Class of '90



More reunions ...



Bishop Ludden Grad's Piece at the Everson Museum



By Maxine Babcock

Alyssa Taddeo's "Swan" is currently on display at the Everson Museum in Syracuse as a part of the On My Own Time program. Alyssa graduated from Bishop Ludden in 2015 and was a Science Olympiad founding member, band, music, and drama star during her six years.

The granddaughter of Bishop Ludden Social Studies teacher and Lumen Christi Cathy Taddeo, who recently retired after more than 40 years, Alyssa received a degree in Fine Arts from SUNY New Paltz in 2019. The artist is an Authentication Center Generalist at TCGplayer in downtown Syracuse.

Bishop Ludden's Rhonda Henderson wasn't surprised at Alyssa's success. "She was gifted early on," Henderson said. "She's kind of quirky and she was always very particular about the details in her art."

"Bishop Ludden helped me grow my art skills by having great teachers," Alyssa said. "Art was always my favorite class and Mrs. Henderson really helped me develop my drawing and painting skills. I feel like I learned so much in her class and it gave me the foundational skills I needed to be successful at New Paltz."

His Way *continued from page 8*

We told our two newly-adopted older children (our daughter was 12, our son, 6) about the little one on the way. Leidy was ecstatic with the news, Sergio not so much in the beginning. He only liked the "word" baby, he told me when I asked him what he thought.

My appointments came and went. Not once did I feel pain while carrying my baby. The fibroid was still there. The doctors could feel it. It was big. But it caused no issues. I didn't even experience morning sickness. My cravings were gulping big, tall glasses of cold milk and sipping on soda through a straw.

Eventually, I did develop gestational hypertension, which was controlled with medication. Mom and I shopped for two outfits — one for a girl and one for a boy — to have wrapped by a retail clerk for our gender reveal party later that evening. I knew I was having a boy. Not because I

peeked and saw "boy" scribbled on the paper, but because I just knew — just like when I knew before I knew.

I had always believed I'd have three children — two boys and a girl. I just never dreamed they'd all come at once. Within a year and a half, I was blessed to be the mom of a pre-teen, a six-year-old, and a newborn. Our ways are not God's ways, and though we may not always understand what's going on, or the why's or the when's, I've learned it's always best to set aside what we think should happen, to allow for what God knows is best to happen. When you let go and let God, you'll never be let down.

"For my thoughts are not your thoughts, neither are your ways my ways," declares the Lord. "As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts. Isaiah 55:8-9

BOARD OF TRUSTEES

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ALUMNI NEWSLETTER

In memoriam

Jean Tecler, class of '69



Jean (Gibbons) Tecler September 13, 2022 Jean (Gibbons) Tecler. Jean passed away on September 13 surrounded by loved ones. She now rests peacefully after a long battle with Alzheimer's. Jean was a strong, passionate woman who never gave up on life; she enjoyed music, laughing, Adirondack life and making everything around her beautiful.

Jean was born on May 29, 1951 in Syracuse, NY. She attended St. Margaret's and Bishop Ludden in Syracuse. In 1969 Jean moved to Amsterdam, NY to attend St. Mary's School of Nursing. Graduating in 1972, she began work in the Maternity department at St. Mary's Hospital where she worked until she retired nearly 40 years later. She taught lamaze and parenting classes. Every trip to the grocery store was a chance to hear someone tell the story of how Jean helped deliver their child.

Jean is survived by her kids, Michael (Jessica) Purtell, Jeremy (Stacey Antos) Purtell, Jeannine (Purtell) Doyle, and her grandchildren Quentin, Jeremy, Brady, Emily, Maura Jean, Leo, Miles and Claire. She is also survived by her siblings Thomas (Janet) Gibbons, Patrick (Eileen) Gibbons, Sheila (Wayne) Willey, and many cousins, nieces and nephews. Jean was predeceased by her husband, Robert "Bob" Tecler, and her parents Ann and Thomas Gibbons.

Jean was a loving mother, sister and friend. She will be remembered as an incredible nurse who touched the lives of many. Of her many achievements, perhaps the most memorable of her career was the opportunity to help welcome her grandson, Jeremy, into the world at St. Mary's. Donations, in lieu of flowers, to the Foundation of St. Mary's Healthcare. Online condolences to www.shepardsonfh.com

Published by Syracuse Post Standard from Sep. 14 to Sep. 15, 2022.

Grieving? There's HOPE

HOPE for Bereaved offers support groups that cover many different forms of grief as well as one-on-one counseling.

The organization was founded on the understanding that sharing the journey from grief to hope with others who are going through or have experienced the same suffering is essential to the healing process.

HOPE for Bereaved staffs a Help Line [\(315\) 475-HOPE \(4673\)](tel:315475HOPE4673), publishes a monthly newsletter and presents community education programs to stay closely connected with those in need — always free of charge.

Thank you to all who supported and participated in the 2022 Patrick Mathews Gaelic Knights Open!

We raised just over \$14,000 to help fund "hardship" tuition assistance.

Check out the photos from the 2022 Hall of Fame event at BishopLudden.org/athletics/hall-of-fame-registration

SAVE THE DATES!

- 3rd Annual Athletic Hall of Fame—Aug. 6, 2023
- 29th Annual Patrick T. Mathews Gaelic Knights Open—Aug. 7, 2023
- Go online to BishopLudden.org/athletic/hall-of-fame to submit a nomination for the Athletic Hall of Fame.



DEADLINE: 11/30/2022

Bishop Ludden High School

Dear Parent or Student,

Yearbook Recognition Ads are the perfect way to commemorate achievements and celebrate milestones. In addition, revenues from Recognition Ads help our school create a better yearbook. To purchase your ad online, follow the instructions listed below. Jostens is responsible for our school's yearbook ad sales. Please do not contact or send materials to the school. Please also consider our school's ad content guidelines below during the creation of your ad online. All orders must be placed by 11/30/2022

ORDER YOUR YEARBOOK RECOGNITION AD TODAY!

ORDER BY 11/30/2022

COLOR AD

Full Page	\$300.00
1/2 Page	\$160.00
1/4 Page	\$80.00
1/8 Page	\$40.00

*Tax, service and delivery fee(s) will be added if applicable.

*Credit card installment plan available for orders of \$30 or more.

IT'S EASY! Create your ad online at
www.jostensadservice.com/student

- 1. Choose your ad size and layout.**
- 2. Enter your text and upload your photos.**

Important information about Yearbook Recognition Ads

- Our school reserves the right to edit ads per our guidelines.
- We retain the right to remove any explicit text, graphic photos or copyright-protected imagery or photos.
- For the ad to appear in the yearbook, your ad must be purchased by the order deadline.
- Color photographs uploaded for black-and-white ads will appear in black and white.
- We will make every effort to use your layout and text as indicated. A proof will not be provided and no changes can be made after purchase.

GUIDELINES SURROUNDING RECOGNITION AD CONTENT.

Our school reserves the right to edit ads per our guidelines. Please make sure all submitted materials are appropriate for school publication.



EASY PAYMENT PLAN AVAILABLE*

Frequently Asked Questions

How are the ad prices determined and what is the money used for?

Ad prices are determined by our school. The revenue from Recognition Ads helps support our yearbook and keep it affordable for everyone.

How is the ad deadline determined?

The ad deadline is set by our school based on the production schedule for the yearbook.

Can I create my student's ad on my mobile device?

Yes, yearbook ads can be created online from both desktop and mobile devices.

Can I send my materials to the school?


No, please do not send your materials to our school. Our school has selected Jostens to assist with our ad program. Please call our customer service number (800-358-0800) if you have questions or need assistance in creating your ad.

More questions? Call Jostens at (800) 358-0800.


www.jostensadservice.com/student



Jostens



PK-12 Breakfast Menu



Food & Nutrition Services is
pleased to offer hot breakfast
every Monday & Friday!



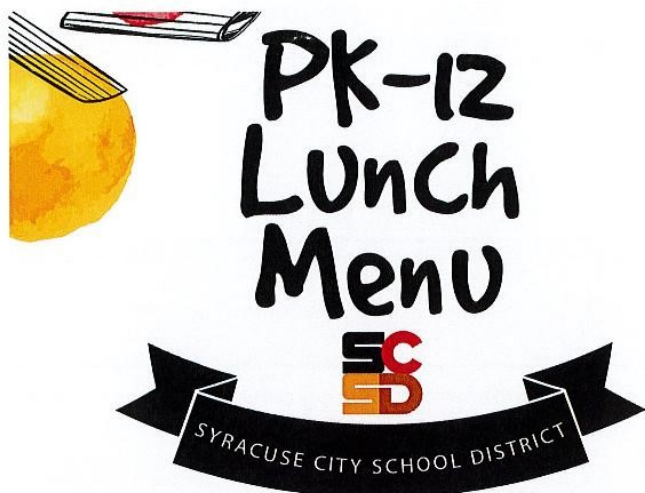
NOVEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	Strawberry/Blueberry Yogurt Strawberry Granola with Assorted Fruit Skim or 1% Milk Juice	Assorted Cereal: <i>Cinnamon Toasters</i> , <i>Chex</i> , <i>Cheerios</i> , or <i>Raisin Bran</i> with Assorted Fruit Skim or 1% Milk Juice	Lemon Ultra Slice Bread with Assorted Fruit Skim or 1% Milk Juice	Triple Berry French Toast Skim or 1% Milk Juice Assorted Fruit
	1	2	3	4
Breakfast Biscuit-wich Skim or 1% Milk Juice Assorted Fruit	STAFF DAY NO SCHOOL	Assorted Cereal: <i>Cinnamon Toasters</i> , <i>Chex</i> , <i>Cheerios</i> , or <i>Raisin Bran</i> with Assorted Fruit Skim or 1% Milk Juice	Banana Muffin with Assorted Fruit Skim or 1% Milk Juice	VETERAN'S DAY NO SCHOOL
7	8	9	10	11
Breakfast Muffin-wich Skim or 1% Milk Juice Assorted Fruit	Vanilla Yogurt Cinnamon Granola with Assorted Fruit Skim or 1% Milk Juice	Assorted Cereal: <i>Cinnamon Toasters</i> , <i>Chex</i> , <i>Cheerios</i> , or <i>Raisin Bran</i> with Assorted Fruit Skim or 1% Milk Juice	Cinnamon Ultra Slice Bread with Assorted Fruit Skim or 1% Milk Juice	Maple Waffles Skim or 1% Milk Juice Assorted Fruit
14	15	16	17	18
Breakfast Sandwich Skim or 1% Milk Juice Assorted Fruit	Greek Yogurt Cinnamon Granola with Assorted Fruit Skim or 1% Milk Juice	THANKSGIVING RECESS NO SCHOOL	THANKSGIVING RECESS NO SCHOOL	THANKSGIVING RECESS NO SCHOOL
21	22	23	24	25
Breakfast Crossantwich Skim or 1% Milk Juice Assorted Fruit	Bagel w/ Cream Cheese with Assorted Fruit Skim or 1% Milk Juice	Assorted Cereal: <i>Cinnamon Toasters</i> , <i>Chex</i> , <i>Cheerios</i> , or <i>Raisin Bran</i> with Assorted Fruit Skim or 1% Milk Juice		
28	29	30		

It is our intent to have these choices available to all students at all times, however, there may be occasions when choices are limited.

A reimbursable meal must include at least 1/2 C. fruit, with an entrée.

*All meals offered are available with choice of 1% or Skim White Milk daily



Available Daily:

PK-12 Entrees:
Cheese Sandwich
PBJ w/Cheese Stick
Yogurt Parfait

Standalone MS & HS Entree:
Fruit Platter

HS Only Entree:
Assorted Pizza

K-12 Sides:
Assorted Fresh Fruit
Hummus Veggie Boats



NOVEMBER 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	Chicken Empanada Mexican Boat (K-12) Salsa (PK) Strawberry Cup (K-12) Fresh Fruit Wedges (PK) Carrot Sticks (PK) 1	Hot Link with Peppers & Onions (K-12) Corn Cobbett Mixed Fruit Cup 2	Toasted Cheese & Tomato Soup Carrot Coins Applesauce (K-12) NY Coleslaw Fresh Fruit Wedges (PK) 3	Korean Beef Bowl Coleslaw Canned Pears 4
Buffalo Chicken Pizza or Cheese Pizza Cheddar Burger (HS) or Classic Burger (HS) Tossed Salad Peach Cup 7	STAFF DAY NO SCHOOL 8	Chicken & Dinner Roll Baked Beans Apple Crisp (K-12) Mixed Fruit Cup (PK) 9	Veggie Chili w/Corn Muffin (K-12) Chicken Tenders (PK) Baked Potato (K-12) Applesauce (K-12) Fresh Fruit Wedges (PK) Potato Wedges (PK) 10	VETERAN'S DAY NO SCHOOL 11
Meat Lovers Pizza or Cheese Pizza Bacon Burger (HS) or Classic Burger (HS) Tossed Salad Peach Cup 14	Taco Bowl Black Bean Corn Salad Strawberry Cup (K-12) Fresh Fruit Wedges (PK) 15	Mega Leg Chicken & Corn Muffin Roasted Red Potatoes Mixed Fruit Cup 16	THANKSGIVING MEAL Turkey Gravy w/ Homemade Stuffing Cranberry Sauce Mashed Potatoes Apple Crisp (K-12) Fresh Fruit Wedges (PK) 17	Pot Stickers w/Sweet & Sour PC Broccoli Canned Pears 18
Cheeseburger or Classic Burger Tossed Salad Peach Cup 21	MANAGER SPECIAL 22	THANKSGIVING RECESS NO SCHOOL 23	THANKSGIVING RECESS NO SCHOOL 24	THANKSGIVING RECESS NO SCHOOL 25
Pepperoni or Cheese Pizza Pizza Burger (HS) or Classic Burger (HS) Tossed Salad Peach Cup 28	Beef Enchiladas Tostitos & Salsa (HS) Kernel Corn Strawberry Cup (K-12) Fresh Fruit Wedges (PK) 29	Chicken & Waffle Sweet Potato Mash Mixed Fruit Cup 30		

It is our intent to have these choices available to all students at all times, however, there may be occasions when choices are limited. A reimbursable meal must include at least 1/2 C. fruit or vegetable. Assorted fresh fruit and hummus veggie boats available in café daily. *All meals offered are available with choice of 1% or Skim White Milk, or Fat-Free Chocolate Milk Daily w/Meals