

# BISHOP LUDDEN NEWSLETTER

"Where character, commitment, and community come together in a school for all."

DECEMBER 2020

## And the inductees are ...

### IMPORTANT PHONE NUMBERS:

- Main Office:  
Ms. Scott  
(315) 468-2591
- Health Office:  
Ms. Jack  
(315) 459-7160
- Counseling Office:  
Ms. Buttner  
(315) 488-0053
- Enrollment  
Ms. Coolican  
(315) 579-0086
- Tuition Office:  
Ms. Rounds  
(315) 459-7175
- Development Office:  
Ms. Gilheney  
(315) 579-0061
- Alumni Relations  
Ms. Corcoran  
(315) 579-0086

### REMINDER

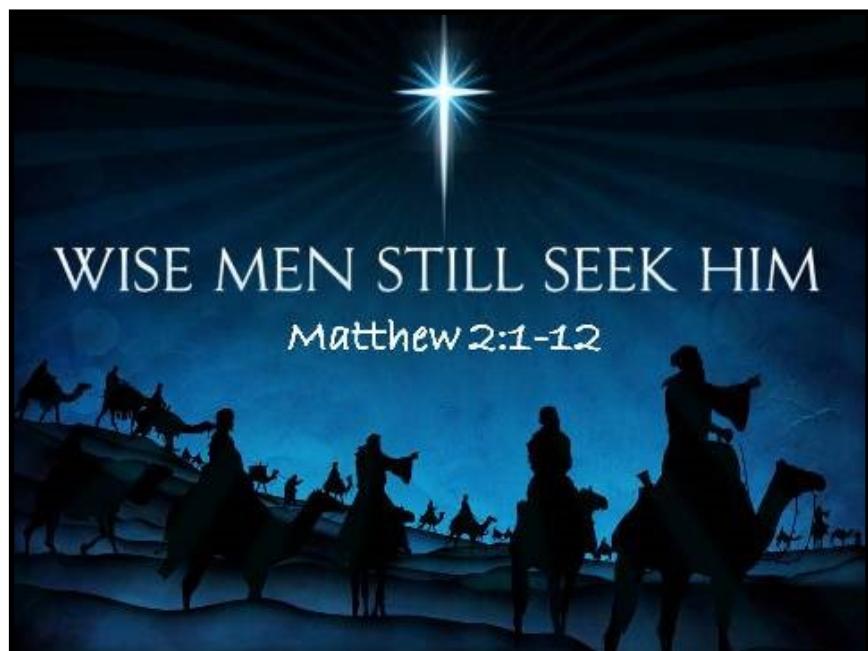
If you are sick, stay home and inform the Health Office of your absence!  
Our goal is a for Healthy Ludden Family!!

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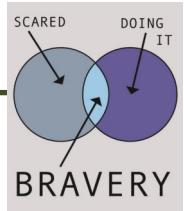
Athletic Director Gallagher Driscoll is pictured above at last month's virtual event to announce the inaugural inductees to Bishop Ludden's Hall of Fame. For more information and the list of inductees, go to page 4.



## STUDENT INSIGHT

This month, we asked sophomores and juniors a thought-provoking question. Read their responses.

### What's the bravest thing you've ever done?



**Joe McGarvey, 11th**

*"Catching my brother from his chair falling during church."*



**Emily Flynn, 11th**

*"Beat Leukemia at a young age."*



**Amelia Adams, 11th**

*"Switching schools to Ludden in 7th grade. This was a big change being one of the only kids coming from a public school and never switching schools before."*



**Madison Moen, 11th**

*"One of the bravest things I have done was go through a health scare."*



**Megan Cameron, 10th**

*"I think the bravest thing I've ever done is when I learned how to dive backward when I was younger. No matter how many times I failed or how much it scared me, I still got back out of the pool to try again. Being scared isn't a bad thing, it's just an opportunity to be brave."*



**Michael Donohue, 10th**

*"I did the ropes course at the mall."*



**Katie Nguyen, 11th**

*"The bravest thing I've ever done was model in front of thousands of people."*



**Amelia Tkacz-Jimenez, 10th**

*I went to Wyoming for a whole month by myself. I participated in a bunch of outdoor activities like backpacking and rock climbing on a mountain, and it was really fun!*



**Isaiah Patterson, 11th**

*"Being a front lines worker."*



**Carrington Carter, 10th**

*"Drove a car."*

**B**ravery is defined as courageous behavior or character.

## Meet Ms. Coolican, director of recruitment & retention

Ms. Annibell Coolican, a recent graduate of SUNY Geneseo, is Bishop Ludden's new director of recruitment and retention. Welcome!

### What stands out to you as the most endearing quality of Bishop Ludden?

Everyone is so welcoming and friendly. There is such a strong, tight-knit community here and I am excited to be a part of it!

### What do you most enjoy so far in your role as director or recruitment and retention?

I have enjoyed recruiting new students! Communication is a huge part of the recruitment process and I have truly enjoyed meeting new people (virtually and in-person). Having a Bishop Ludden education is an amazing opportunity due to the school's commitment of academic excellence, development, and personalized attention for each student. I am excited to share this with students who are looking to come to Bishop Ludden, as everyone deserves the best opportunity for education possible!

### Do you have a favorite motto or Bible scripture you live by?

"Courage is the most important of all the virtues because without courage, you can't practice any other virtue consistently."

- Maya Angelou

### What is your favorite pastime?

I enjoy being with my friends and family.

### Favorite book and movie?

My favorite book is "Educated" by Tara Westover and my favorite

movie is "Home Alone," no matter the season!

### Where's one place you haven't been to that you'd like to visit and why?

I would love to visit Ireland, I've heard that it is beautiful! My family is from Ireland and I think it would be such a fun and exciting place to visit. I also love Irish music!



Annibell Coolican

### What is something about you that people wouldn't know?

I ran on the cross country and track and field teams at SUNY Geneseo.

### What's your advice to students?

My advice to students is to go into anything you do with an open mind! Try new things, explore new opportunities, and take chances. You never know what can happen!

## Eighth-graders focus on heroic people in Religious Studies



Rose Fallon and Jack Marvin.

In Religious Studies 8, students study Church History from the time of the Pentecost up and through Vatican Council II. One of their first projects is to choose a heroic person from those years and do research on that person. Examples: Emperor Constantine, Pope Leo X, St. Angela Merici, Sister Thea Bowman.

Students prepare a PowerPoint presentation to share with their peers explaining important facts, dates, historical context, and church contributions. One of the highlights of the project for the students is to draw their heroic person.

For those in art class first semester, students receive amazing instruction on how to do portraiture from our beloved Mrs. Henderson. The "Wall of Fame" as it is called, is located in Room 112. Drawings remain on the wall for at least one month so all can view and appreciate the fine work of our eighth-grade students.

## FROM THE ATHLETIC DEPARTMENT

### Ludden holds inaugural inductee event

The Inaugural Inductee announcement for the Bishop Ludden Hall of Fame was live streamed Nov. 11 on Youtube.com (Bishop Ludden Athletics). Gallagher Driscoll ('88), Steve Infanti ('94) and Brent Axe ('97) hosted the event.

The Hall of Fame is intended to honor men and women for their accomplishments, achievements and/or contributions to Bishop Ludden Jr-Sr High School. These people have distinguished themselves not only in their interscholastic pursuits, but also by their accomplishments in their chosen fields after graduation. Each has, in his or her own way, made a meaningful contribution to Ludden's Athletic Program and we are very proud of them. The inaugural ceremony will take place in 2021.

The following is a list of the  
Inaugural inductees:



<b>Athlete</b>	<b>Sport</b>	<b>Years</b>
Mark Wadach	Basketball, Football, Track & Field, Faculty	1966 -69
Phil Harlow	Basketball, Track & Field	1966 -69
Chet DeLucia	Football, Track & Field	1969 - 73
Joan Thornton	Basketball, Softball, Field Hockey	1973 - 76
Martha Mogish	Basketball	1974 - 77
Jim Roy	Golf	1974 - 77
Gretchen Byrne Burns	Basketball, Golf, Soccer, Speed Skating	1974 - 78
Mike Naton	Golf, Football	1974 - 78
Tom Whelan	Basketball, Cross Country, Lacrosse	1975 - 79
Pat Driscoll	Basketball	1982 - 85
John Johnstone	Baseball, Basketball	1984 - 87
Len Rauch	Basketball, Baseball	1984 - 87
<b>Coach</b>		
Terry Quigley	Basketball, Faculty	1963 - 73
Dave Didio	Football / Track and Field / AD, Faculty	1966 - 86
Jerry Wilcox	Basketball, Faculty	1974 - 87
Pat Donnelly	Basketball	1988 - 2018
<b>Special Recognition</b>		
Carol "Stash" Stanley	Softball - STAN MILL MITT	1963 -67
<b>Team</b>		
Green Machine	Basketball	1968-69



The Green Machine (1968-69)  
banner hangs in the school gym.



### Winter sports scheduled to begin in January ... pending approval

- Cheerleading, Boys and Girls Basketball (Varsity, JV and Modified are scheduled to begin tryouts and practice on January 4). This needs to be approved by the Governor's Office.
- Fall Sports (Varsity and JV Volleyball, Varsity and Modified Football) are to begin March 1. Again with the Governors approval.
- Spring Sports (Baseball, Softball, Golf, Outdoor Track, Lacrosse) are to begin on April 27. Pending the Governors approval.

## SCHOOL INFORMATION

### Give me an “L”!

Interested in cheerleading? No experience needed, just a willing spirit and great attitude open to grades 9-12! Look for the signs that will be posted about the upcoming interest meeting. Questions, see Nurse Jack.



### Europe 2022: Germany & France

Yes, we are planning another adventure! This time starting in Berlin, traveling to Belgium, and then to Normandy and Paris! We are very excited and it looks like many of you are ready to travel again!

Space is limited and comes on a first-come, first-serve basis for this trip. Our group had 20 spots reserved by EF and since November 17, we are already half full!

Please be sure to sign up as soon as possible 100% risk-free to secure your spot with our group!

As a reminder, the \$300 scholarship price is valid through Friday, Nov. 27 at midnight. To sign-up within the **risk-free enrollment period** with just a \$95 deposit (refundable through 5/1/21), please visit my tour web-site: [www.eftours.com/2366542EX](http://www.eftours.com/2366542EX) or call EF's Traveler Support team at (800) 665-5364 M-F, 9am – 5pm.

### Memories ...

If you haven't already, please remember to order your yearbook! Just copy and paste the following link:  
<https://www.jostens.com/apps/store/customer/1052805/Bishop-Ludden-Jr-Sr-High-School/>

### College acceptance letters

Seniors are working hard on college applications and some students have even received acceptances! Please be sure to stop in the Counseling Office to let us know your happy news and bring in a copy of your acceptance letter.



Those of you who have still yet to apply, please make sure to submit your transcript request through Naviance to notify me that you are getting ready to apply.

Also, please be sure to check the scholarship section of Naviance for the updated scholarship list!

### Attention winter athletes

For students participating in winter sports, please check that you have a recent physical on file with the Health Office. Please call Nurse Jack if you have any questions (x2211).

### Re-registration: It's not too early!

*\*\*Re-registration Fee: All re-registration fees are nonrefundable; re-registration is not complete until ALL paperwork and fee are returned to Bishop Ludden.*

#### Re-Registration Fee Schedule:

November 1 through January 1: \$30

January 2 through March 1: \$50

March 2 through April 1: \$100

April 2 and beyond: \$150

Please return re-registration form & required fees to:  
Bishop Ludden Jr-Sr High School  
815 Fay Road  
Syracuse, NY 13219  
Attn: Bridget Buttner

The link to the registration form is [bishopludden.org/admissions/application-process/](http://bishopludden.org/admissions/application-process/)

Also, the FACTS portal for financial aid for the 21/22 school year is now open and will close February 15, 2021.

### NHS list of inductees

Twenty-five seniors on Nov. 19 were officially (and finally) inducted into the Lumen Christi Chapter of the National Honor Society. It was an intimate virtual ceremony with Paul Tremont, retired president of SRC, Inc. and distinguished 1974 Ludden alum as the guest speaker. Congratulations to the following students:

Achot Aroman	Paul Kolenda
William Anderson	Amelia Lamendola
Grant Baker	Michael Losi
Matthew Brunger	Nathaniel Maitland
Brian Buttner	Aíne McIntyre
Dominick Chatas	Yisu Park
Aidan Craner	Lauren Petrie
John Galeazza	Katherine Ruddy
Michael Gaughan	Axel Rivera
Tim Jiang	Ashlee Robertson
Lucy Keegan	Francesca Todeschini
Erin Kerwin	Kailee Tucker- <i>inducted in June 2020</i>
Deirdre Kivlehan	
Jordan Kochanek	

## GIVING THANKS

# Who are you thankful for?

For Thanksgiving, seventh-graders were asked to write notes/letters to at least three people in their life. Here are examples of seventh-graders thanking their teachers.

Dear Bishop Ludden teachers,  
I am very thankful for you. I am thankful for you because even through tough times you have still managed to make school a fun and enjoyable experience for me. I thought I wouldn't like this school year because of COVID, but this is the best school year yet.

Your student,  
Gabby

Dear Mr. Peelman,  
Hi Mr. Peelman, I have to write letters to people that I'm thankful for and well I'm thankful for you. You are always there when I'm sad, happy, mad, etc. When I look at it if we had a different teacher it wouldn't be the same. You look out for us and make sure that we get and have what we need. You ask us our opinions and that makes me feel good. I'm thankful for you because of all this.

Your student,  
Annaliese



Miss Allen,  
Thank you for being a very nice person. You are very cautious. You are very kind. You are very fun.

- Gabriella



Dear Mr. Colabufo,  
Thank you for being one of the most fun teachers I've ever met. I just want you to know that you hold a special place in my heart. You make me laugh and smile way more than I used to, you are carefree about somethings and you let us do fun things that other teachers don't.

What I'm really trying to say is that your classroom is very fun, and I'm grateful that I made it to this school. I'm very glad I could come to Ludden because this is a very fun school.

- Tiz'ariah



Dear Ms. Hanson,  
You are the best teacher I have ever had. The way you teach is extremely good and how you also add jokes and have fun with the class is amazing. Thank you for helping me with test corrections or worksheets. You are a kind sweet and amazing person, and a great teacher. Thank you for making school fun and writing notes fun. You make jokes during class and you just make science and school so much more fun. So for that, Thank you.

Sincerely,  
Matthew

# SCRIP PROGRAM: GIVE A GIFT CARD AND EARN MONEY TOWARD TUITION!



Do you shop at Target? Walmart? Amazon? JCPenney? Marshalls? Kohls? Barnes & Noble? Do you eat at Applebees? Olive Garden? Panera Bread? Cheesecake Factory? Subway? Dunkin' Donuts? Are you planning a big home improvement project with Lowe's or Home Depot? How about making vacation plans with Airbnb? American Airlines? Hilton Hotels? Carnival Cruise Lines? Disney?

SCRIP gives you the opportunity to earn credit towards your student's tuition when you make your normal purchases from hundreds of retailers

## So, how does it work?

Think of it as substitute money. When you purchase a SCRIP, you're purchasing a normal gift card to use just like cash. But with every card you purchase, you're earning money back towards the cost of tuition at Ludden. SCRIP cards can be used for groceries, clothing, gifts, gasoline, vacations and more! Extended family and friends can also order through your student, earning your family even more credit toward tuition!

## How does buying a SCRIP generate revenue?

You order your SCRIP gift cards through the school and pay full face value for them. Bishop Ludden is able to buy SCRIP from hundreds of local and nationwide retailers through the Great Lakes Scrip Center at a discount. The discount, which varies from 1.5% to 25%, is returned to you as tuition credit for the following school year.

For example, if you purchase a \$50 gift card from a retailer that is offering a 10% discount, you have already saved \$5 on next year's tuition bill.

If you're planning a shopping trip to Target or a dinner at Cheesecake Factory, plan ahead and shop with SCRIP! Earn money back in the process — it really adds up. Families have earned hundreds of dollars towards their tuition bills.

## How do I order SCRIP?

Download and complete an order form. There is a one time \$20 set-up fee paid annually, which covers shipping costs. Send the order to school with your student on the due date (always on a Monday) and the rest is up to our SCRIP coordinator. Your SCRIP order is returned to you or your student at school the Friday of the same week.

If you will not have a student enrolled at Bishop Ludden next year, the rebate amount will be donated to the Ludden Fund. Bishop Ludden, our SCRIP coordinator is Heather Chemotti.

Drop off	Pick up
Dec. 7	Dec. 11
Jan. 11	Jan. 15
Feb. 8	Feb. 12
March 15	March 19
April 26	April 30
May 11	May 15

Please feel free to contact Heather at [hchemotti9@gmail.com](mailto:hchemotti9@gmail.com) with any questions. For more information, including order forms and a full list of participating retailers, visit [www.bishopludden.org](http://www.bishopludden.org).

# HONOR ROLL

## Principal's List

Micah Baker	Mary Papini	George O'Malley	Katherine Mccarron	Fedel Smith
Matthew Bradley	Sarah Prowak	Yisu Park	Ryan Skanes	Grace Bain-King
Nicholas Brady	Peter Smith	Lauren Petrie	Kathryn Wiegand	Maxwell Boyea
Parker Brown	Achol Aroman	Katherine Ruddy	Norah Casey	Thomas Canfield
Ava Carpenter	Ryan Brady	Josephine Shattell	Sarah Fink	Aidan Grealish-Liquori
Aidan Colangelo	Samuel Colella	Francesca Todeschini	Faith Griffin	Kimberly Nguyen
Finnian Hoerl	Annie Gaughan		Spencer James	Adrianna Parker
Kyle Lasalle	Beatrize Gurgol	<b>High Honors</b>	Catherine Keegan	Hayden Parkhurst
Gabrielle Munroe	Brigid Hardick	Gabriella Berry	Siobhan Kivlehan	Abigail Reynolds
Momin Naveed	Therese Murry	Annaliese Bower	Bailey Mowers	Mia Scutari
Jaylianna Pascarella	Clare Ruddy	Nicholas Brunger	Keiara Odume	Andrew Brunger
Emmet Ranous	Amarah Streiff	Payton Campbell	Dimitri Reynolds	Alejandro Donigan
Porter Sheen	Amelia Tkacz-Jimenez	Lillian Catalano	Alexander Adams	Honour Fitzgerald
Amie Snyder	Amelia Adams	Mia DeCarlo	J'Brielle Bullock	Luke Infant
Meghan Snyder	Heidi Biernacki	Sofia Gurgol	Peter Dunham	Gregory Purdy
Jackson Catalano	Sarah Boyea	Natalie Kearney	Kieran Hoerl	Serena Royal
Thomas Cervantes	Charles Colella	Everitt Kelley	James Mack	Evan Cervantes
Joseph Dunham	Anderson Corriero	Brenna Lillis	Joseph McGarvey	Jonathan Daher
Elise Ellison	Ava DiRubbo	Cailin Lillis	Katie Nguyen	Bianca Grund
Rose Fallon	Lukas Eckert	Frank Manzi	Isaiah Patterson	Allison Kerwin
Bailey Ganoung	Reese Evans	Gabrielle McIntosh	Rachel Sherwood	Andie Leo
Elizabeth Gaughan	Patrick Hammer	Carter Meneilly	Summer Smith	Aidan Mahar
Aidan Glennon	Andrew Janowski	Maria Natale	Achot Aroman	Paul Owens
Grace Hilton	Kaitlyn Kibling	Avery Nevil	Caitlin Ascioti	Ashley Petragnani
Charlotte Hsiao	Ashley Kochanek	Shubh Patel	Donovan Brooks	Isabella Rivera
Jack Marvin	Madison Moen	Laura Pullano	Dominick Chatas	Regina Shattell
Grace Olivia	John Michael Owens	X'zavion Streiff	Alexia Chemotti	Chloe Ward
Meredith Pessirilo	Victoria Parsons	Lila Acosta	Anya Collins	Wol Aman
Parker Pichoske	William Anderson	Ayen Aman	Michael DeAngelis	Jesse Armbruster
Mikhayla Reyes	John Baker	Keegan Cain	John Galeazza	Allison Bradley
John Ruddy	Matthew Brunger	Sophia Chemotti	Lucille Keegan	Jacob Donohue
Alexi Sheen	Brian Buttner	Benjamin Gentile	Deirdre Kivlehan	Michael Manzi
Blake Sheen	Aidan Craner	Ysab Martinez-Vendetti	Mia Mignacca	Paige Smith
Colden Sheen	Michael Gaughan	Alexis Netti	Aisha Osbourne	Patrick Towsley
Wi Jeong Suh	Tianqi Jiang	Natalie Nojaim	Ashlee Robertson	Avery Myers
Paige Townsend	Erin Kerwin	Sophia Rivera	Abigail Ryan	Axel Rivera
James Westers	Jordan Kochanek	Molly Smith		Mary Ann Sobel
Delia Adams	Paul Kolenda	Natalie Testa	<b>Second Honors</b>	
Giana Calangelo	Amelia Lamendola	Zander Craner	Tiz'ariah Billue	
Timothy Dunham	Michael Losi	Jane Haggerty	D'Metrique Godbolt	
Grace Fink	Nathaniel Maitland	Jordynn Howard	Michael Lasalle	
Philip McGarvey	Aine McIntyre	Lilianna Janowski	Gianna Poole	
	Analeah Morquecho	Michael Masterpole	Santiago Scott	



## THE JOYS OF CHRISTMAS

# What do you love most about the Christmas season?

Students were asked the above question. Here's what they had to say...

*"The joy of all the people and how everyone comes together. Also waking up on Christmas morning and doing the family traditions."*

*"I love spending time with my family and friends while watching my favorite Christmas movies."*

*"I absolutely love the Christmas season. there is so much to love about it. The snacks the kindness, the love all around and most of all the music."*

*"Spending time with family and loved ones."*

*"The good energy you can feel from everyone around you. The joy and cheer just fills the air."*

**"GOD NEVER GIVES SOMEONE A GIFT THEY ARE NOT CAPABLE OF RECEIVING. IF HE GIVES US THE GIFT OF CHRISTMAS, IT IS BECAUSE WE ALL HAVE THE ABILITY TO UNDERSTAND AND RECEIVE IT." - POPE FRANCIS**

*"I love that families (usually) get together and have family fun time, of course we can't do that this year but it's always good memories."*

*"I like that I get to spend time at home with my family and visit my friends."*



## 'You are loved'

By Tami Scott

I remember the evening clearly. It was in December during the height of the Christmas season.

My sister Elaine and I were shopping for gifts, and my nephew Greg (who was 3 years old at the time) came with us. Elaine asked to use my phone, so I handed it to her. Or at least I thought I had. During the exchange, it dropped and shattered on the floor of Target. I was so upset. Here it is Christmas season, my finances were already strained, and I had to get a new phone. Some of you might question the "had to" part, but unfortunately (in some ways) that's our reality now, even back then, which was (ack!) 15 years ago.

The mood turned a bit sour (due to yours truly) as we made our way to Great Northern Mall's Verizon store. All went well, I purchased my phone, and we were on our way. But for some reason, I just couldn't let it go. I continued to complain about

the phone, why it had to drop, the money I just had to spend, and on and on. Until, that is, I heard a little voice come from the boy in the backseat: my nephew. He had been listening the entire time, and as a 3-year-old, he was soaking it up like a sponge.

"Tata?" (Greg's nickname for me)

"Yes, honey?" I was driving in standstill traffic, so I was able to turn and acknowledge him.

In a very gentle tone, he replied.

"Why are you so mad? *You are loved.*"

Yup. That's what he said. My sister and I just looked at each other, stunned. It took a toddler to bring back perspective and remind me what the Christmas season is truly about: we are loved.

We get caught up in all the stress of what we *think* is so important, that we forget to slow down, take a breath and reflect on

God's love for us and our relationship with Him. He loves us so much He gifted us with His only son, Jesus Christ.

As you can see, I was "put in my place," but oh so tenderly. Because that's how our God works – always through love – and this time through a little boy who didn't understand why his aunt was making such a big mountain out of a molehill. The anger inside me dissipated, my muscles relaxed, and my heart softened. I was humbled. I will never forget that night, and though I still feel the stressors of daily life, I know if I just slow down, take a moment, and nurture my relationship with Jesus, together we can power through anything – and with a peace that surpasses all understanding.

God bless you all this Christmas Season, and always remember that no matter how big or small your current problems may be, you are so very loved.

## Bishop Ludden takes on top teams at Ithaca Invitational

Bishop Ludden senior co-captain Paul Kolenda led the Bishop Ludden A team to a 10th place finish in the Ithaca Fall Invitational 36 team tournament with 875 in the ten game outing. Bishop Ludden was 3-2 in the qualifying round against some of the toughest teams in the Northeast, with a 4-1 record in afternoon play.

NAQT play consists of teams of four trying to buzz in individually on tossup questions, with the possibility of either 10 or 15 individual points. A player who buzzes in and is wrong during the reading of the question gets a negative five for the team. The correct individual then gives his or her team the opportunity to answer three ten point questions collectively. These are added to the team score. Players can be extremely valuable to the team and never get individual points, especially with a top player like Paul Kolenda, who was in the top ten nationally in 2020 NAQT Buzzword play.

Captain Aidan Craner scored 185, Dom Chatas pitched in 150, and Will Anderson made his first A team appearance with 40. Team B was led by Matt Brunger with 190, George O'Malley with 115, Ryan Brady with 70, Mike Losi with 50, Peter Smith with 30, and Francesca Todescini with 10. Francesca managed team B though numerous technical difficulties all day long.

The A team finished 7-3 with 2 losses coming on the last question. Outstanding, balanced play was contributed by all four members. Paul was recognized during the awards ceremony for his individual award for third place, with an amazing 84 points per

game against some of the top players in the country. He repeated his 2019 finish for individual scorers, beaten only by Phillips Exeter's Sreesa Vinrinchi and Ridgewood's Aun Munde, both of whom are in the country's top rankings.

The A team missed the championship round at the buzzer against JP Stevens, with the other qualifier loss to #22 in the country Belmont A, so both BL teams are bounced to the consolation bracket. The tournament normally is held in person. This year, the competition was held remotely on Discord, which caused many delays and internet issues. Additionally, New England, NYC's and NJ's top schools, prep and public competed, with schools like Hunter, Phillips Exeter, High Tech, Belmont, and Ridgeway instead of our normal upstate NY and PA competition. Bishop Ludden A was small schools champions at this tournament in 2019, facing more local teams and qualifying for three national tournaments, all canceled because of the pandemic.

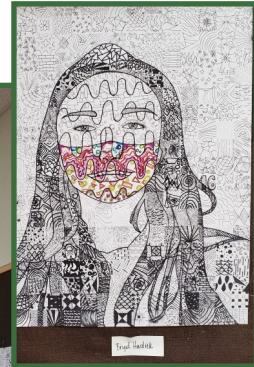
"We experienced Nationals' level play in our very first outing and held up well," said Bishop Ludden Coach Maxine Babcock. "These were teams we would never get a chance to play in non-Covid times, except at Nationals, so a top ten finish is a good start to our season. I'm very proud of both teams."

Bishop Ludden's varsity and junior varsity MasterMinds teams return to league play on December 7 and tournament play on December 12.

## First Art Exhibit of the Year: Zentangle Portraits

Zentangle portraits are miniature pieces of unplanned, abstract, black and white art created through a very specific method from an ensemble of simple, structured patterns called tangles. Mrs. Henderson's art students' completed zentangle portrait projects are now hanging in the 600 wing for the first exhibition of the year. Check them out!

**Right: Student artists' Zentangle Portraits hang in the 600 wing of the school. Inset: Tenth-grader Brigid Hardick's completed project.**



## A PARENT'S PERSPECTIVE

# BL mom on why Ludden is right fit for family

**Christine Prowak, mom of two BL students Madison (class of 2019) and Sarah (class of 2024), talks about her experience with Bishop Ludden; encourages prospective families to visit website, read testimonials, take school tour**

### On choosing Bishop Ludden

Really, Madison chose Bishop Ludden! She visited the school from Holy Family one afternoon while in sixth grade and came home that day saying she wanted to start seventh grade at Bishop Ludden! She no longer wanted to visit the other Catholic high schools—her mind was made up! And that's the feeling you get as soon as you step into the school, a sense of family, belonging, with teachers and staff who genuinely care about your kids. That feeling is something that we have experienced since Madison started kindergarten at St. Charles School, then when we had to transfer her and Sarah to Holy Family School when St. Charles School closed. Naturally, we hoped for that same experience as Madison made the transition to junior high school. We wanted a transition that was seamless, we wanted an environment that was nurturing, of course a school where our Catholic faith was extended throughout the school day, and finally, an education that was solid, challenging and would lead to college opportunities.

### On growth

One standout example of growth for both our girls is in the opportunity to try new things. When each came to Bishop Ludden, they had opportunities to get involved in activities they hadn't tried before. Whether it was sports, performing arts, clubs and/or service groups. Not only because of the size of Bishop Ludden, though its smaller size allows for more opportunity, but also because it allowed them the chance to try something new, and be involved in productive activities, outside of the school day. We all know how important that is, for adolescents and teens to have constructive things to do, outside of school, which forces self-discipline and structure with the by-product of less screen time! We have such dedicated teachers and staff who are encouraging and supportive and who give so much of themselves to create and initiate these opportunities, and for that we are very grateful.

### On P4L

I got involved with the former Bishop Ludden PTO when my older daughter first started seventh grade. The group evolved into more of a parent group, not focused on fundraising but recreated to coordinate social activities for students and staff. That is what we have tried to do. Heather Lamendola and I encourage any parent, family member, or special person to be involved, help us to put together social events throughout the school year. We look forward to the time when we can get active again with



**The Prowak family. From left, Dave, Madison, Sarah and Christine outside Bishop Ludden on Madison's graduation day in 2019.**

P4L and I encourage anyone who is interested to reach out to me at [cprowak@gmail.com](mailto:cprowak@gmail.com).

### On prospective families considering Ludden

Of course, I would tell any prospective family considering Bishop Ludden "Do not hesitate!" I would suggest they arrange a tour of our school to see the welcoming environment and beautiful chapel we have. I would encourage them to go to the parent section on our website and read the testimonials from alumni/parents. Many past and current families are very willing to share all the great things that Bishop Ludden is and has to offer. I would ask them to read on our website about the International Baccalaureate program we now offer, a standard of academic excellence offered by no other private Catholic school. Enroll at Bishop Ludden, your child/children will love it and you won't regret it!



### To my Ludden Family: A Simple Prayer of Gratitude

Thank you, Lord, for the blessings you have bestowed on my life. You have provided me with more than I could ever have imagined. You have surrounded me with precious people, the Ludden family, who always look out for me and bless me every day with their kind words, gifts, actions, and prayers. Such surprising care and love lift me up! When I do return to Ludden, provide me, Lord, with a sincere awareness and ability to know how to show to everyone my heartfelt gratitude every day! Always ready to give back the same kindness they have shown to me.

Let me never forget, Lord, that we are family ... and we are united to You and each other ... may my Thanksgiving wish to you, today, Ludden family, become the means for "Thanks-living" all my days!

Sincerely,  
Sr. Beth Ann

### What is Advent?

Advent is much more than a time of frenetic activity between Thanksgiving and Christmas. It is a season all to itself that all too often gets overlooked. The word Advent comes from the Latin noun Adventus, which means approach or arrival. Who is approaching or whose arrival are we awaiting? Christmas, the Nativity of our Lord Jesus Christ, is a commemoration of Jesus' first coming in time as John tells us: "For God so loved the world that He sent His only Son into the world not to judge or condemn, but to set free" (John 3:16): this event has already taken place in time. Our faith also proclaims that Christ will come again at the end of time to judge the living and the dead (cfr. Matthew 25).

Surely, we can prepare for this final coming of Christ, but what about the time between the Incarnation and the Final Judgment? Advent is an invitation to stop, quiet down, pray and reflect about the coming of Jesus Christ into our lives, here now: today. So, how can I use this Advent to prepare my life, not for Christmas, but for Christ? Where do I need to make room to let Him enter?

These four weeks of Advent are a gift of time to look at

For to us a child is born, to us a son is given, and the government will be on his shoulders.



And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.

Isaiah 9:6



our lives and reflect on how well I have welcomed Jesus Christ into my life as the Lord of my life. When I pray: "Come, Lord Jesus," do I really mean it? Take time this Advent to pray, read scripture, attend the Sacraments (especially Eucharist and Penance) and truly make time and space for Jesus Christ in your life.

Maranatha, Come, Lord Jesus, do not delay.

God Bless,  
Fr. Dan



# ALUMNI NEWSLETTER

## Meet siblings Jillian Barrett (class of 2011) and Jenna Graf (class of 2010)

### College education and degree:

Jillian: BA in Chemistry and Environmental Studies from Niagara University, Class of 2015

Jenna: Licensed Cosmetologist, Class of 2011

### Current occupation:

Co-owners of BeeKind Syracuse on Tipperary Hill  
(beekindsyracuse.com)

### Professional achievements:

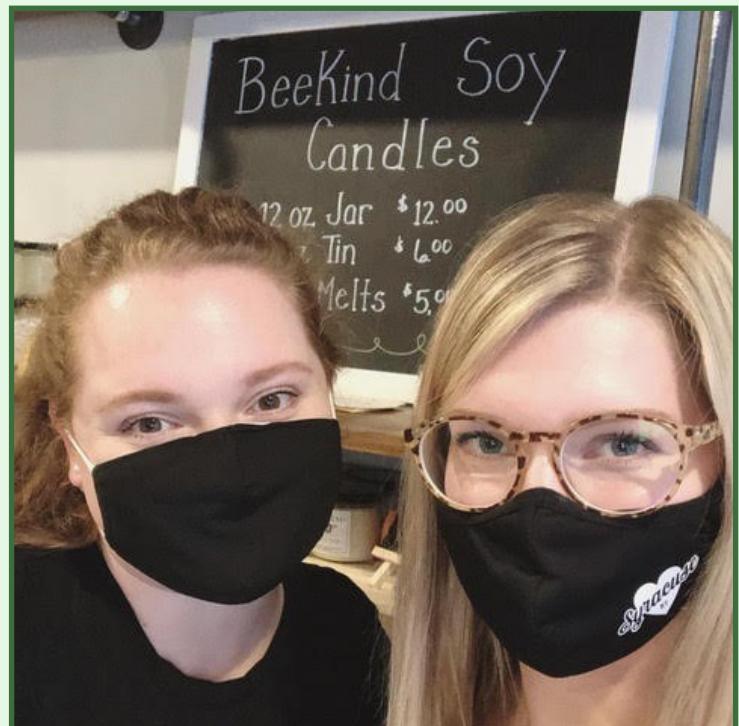
We fulfilled our dream of opening our own local shop right on Tipperary Hill where we were born and raised. We are honored to be a part of the community and focus on local and sustainable products. We also handmade natural soy candles that are featured in our shop.

### What is the best advice you could give current Ludden students?

It's okay to try out different paths before you know exactly what you want to do! We both went to school pursuing one path and ended up using it in a different way than we thought. We took our education and experience to create our own business focusing on what we love. Don't be afraid to take chances and follow your dreams! You never know where it will lead.

### What is your favorite Ludden memory?

Some of our favorites include traveling to Europe with the Pietropaolos as well as being involved in activities like cheerleading and theater. We also loved forming the lasting relationships, including Jenna meeting her now husband, Steve Graf.



Siblings Jillian Barrett and Jenna Graf are co-owners of BeeKind Syracuse, located on Tipperary Hill.

### Why are you proud of your Bishop Ludden heritage?

Bishop Ludden instilled the sense of community that we have carried through to our store that focuses on local products. We love being a part of our neighborhood and hope to support it!

## Class Representatives Needed!

CONTACT COURTNEE CORCORAN IF YOU ARE INTERESTED  
[CCORCORAN@SYRDIOCESE.ORG](mailto:CCORCORAN@SYRDIOCESE.ORG)

We are so grateful to have your support for the work that is being done at Bishop Ludden! The Development Office is seeking class representatives and updated information to help keep our alumni connected and up to date on the great things happening at Bishop Ludden.

## ALUMNI SPOTLIGHT

# Meet Sister Jane Bourne, class of 1969



### College education and degree:

B.S. Catholic University Washington, D.C. 1974 Elementary Education

### Advanced degree:

M.S. University of Scranton 1980 Early Childhood Education

### Professional achievements:

1978 Founder and director of the Winnie the Pooh Preschool at St. James School  
1982 Founder and director of the Gingerbread House Preschool  
1987 Founder and director of the Gingerbread House Preschool and Day Care Center  
1982 Diocese of Syracuse Outstanding Teacher of the Year Award  
1991 Named Herald-Journal/Herald-American Mover and Shaker

### What is the best advice you would give current Ludden students?

Always have a dream, and never give up on that dream. Be flexible and willing to adjust that dream so that it will grow with changing needs and continue to be effective. As you grow through life, be open to new dreams.

### What is your favorite Ludden memory?

My high school experience at Ludden was the best! There was a great school spirit and most always an activity on Friday nights. Whatever was going on, there was great support by the student. It did not matter if it was a football game, a basketball game, a school dance, or even a service project, the attendance was great, and we had fun being together.

### Why are you proud of your Bishop Ludden heritage?

The guidance I received from the administration and faculty at Ludden helped to shape my own career in early childhood education and guided me toward my vocation as a Sister of St. Francis.



**Sr. Jane Bourne**

## Sister Jane Bourne honored at 2019 Federation Conference



2019 FRANCISCAN  
FEDERATION  
ANNUAL  
CONFERENCE

Congratulations  
Sister Jane  
Bourne!

Award honoree for her  
contributions as  
"The Founder"  
of two ministries.

Last year's Franciscan Federation Annual Conference celebrated the 20th anniversary of the publishing of the Franciscan Sources in three volumes: The Saint, The Founder, The Prophet. Sister Jane Bourne was its honoree for her contributions as "founder."

She is the foundress of two ministries, Gingerbread House Preschool and Child Care Center as well as Nun Better Chocolate and Custom Gift Baskets, both in Syracuse. Sister Jane Bourne says she is grateful for God's divine providence which has guided her in creating these ministries in response to the need of the times.

Source: [Sosf.org](http://Sosf.org)

## Why give to Ludden?

Bishop Ludden welcomes the many gifts of our alumni, friends, families and community members. We are grateful for the time of our volunteers who give unselfishly to help coordinate our annual events, assist in one of the many volunteer roles within the school or serve on one of our many committees. We thank you for all you do to continue to be our greatest advocates and supporters!

With the continued support of our Ludden Family we are able to celebrate more than 50 years of faith-filled academic excellence. Whether you purchase a Sweepstakes ticket or make a gift to the Ludden Fund, it is your generosity that enables us to provide for future generations.

A common theme from our alumni is that they wish for students of today to have the same Ludden experience they had. With the support and generosity of alumni, friends and family, they will.

By annually supporting the Ludden Fund, you are giving back so future generations can carry on the legacy of a Bishop Ludden education.

Questions? Contact Kathy Gilheney at (315) 579-0061 or at [kgilheney@syrdiocese.org](mailto:kgilheney@syrdiocese.org).

## Crossing paths in philanthropy



Bishop Ludden alumni Timothy Murphy ('82) and Lynn Christian Hy ('94) recently crossed paths at the Food Bank of Central New York when delivering food and monetary donations from the Hancock Estabrook Fall Food Drive.

## What a warm couple!



Our new high efficiency boilers were installed earlier than expected last month, giving us even more to be thankful for. The new system replaced an old boiler that unexpectedly failed. We've received individual donations and have applied for a National Grid rebate to alleviate the cost.

## Your help can change lives

Philanthropy, defined by Merriam-Webster, is “goodwill to fellow members of the human race. Especially: active effort to promote human welfare.”

At Ludden, our development team is working with our alumni and friends of Ludden to build a culture of philanthropy at Ludden. Specifically, we are working to show alumni and friends that having Bishop Ludden as a portion of their charitable giving portfolio will certainly change lives in Central New York. The more financial assistance Bishop Ludden can offer, the more students will be able to attend and benefit from Ludden's quality life-changing education.

If you think this is hyperbole, please think again. Just this year, we were able to call a family to let them know that a generous donor had pledged to give tuition assistance and we would be able to give additional assistance to their family. The student's grandmother cried because now her granddaughter would be able to attend Bishop Ludden.

Please consider and explore your opportunity to help at [BishopLudden.org](http://BishopLudden.org) or with a phone call or email to Kathy @ 315-579-0061/[kgilheney@syrdiocese.org](mailto:kgilheney@syrdiocese.org).

Also, look for our fall donation letter for our annual campaign, which will be in your mailbox soon.

Kathy Gilheney  
Director of Development

# December



Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1</b> Pasta w/ Meat Sauce, Green Beans, Asst. Fruit & Milk	<b>2</b> Grilled Cheese, Beans, Asst. Fruit & Milk	<b>3</b> Chicken w/ Rice over Gravy, Car- rots, Asst. Fruit & Milk	<b>4</b> Tacos w/ Black Beans, Asst. Fruit & Milk	<b>5</b>
<b>6</b> 7 Popcorn Chick- en, Corn, Asst. Fruit & Milk	<b>8</b> Pasta w/ Meat Sauce, Green Beans, Asst. Fruit & Milk	<b>9</b> Chicken Patty, Mixed Veggies, Asst. Fruit & Milk	<b>10</b> Quesadillas, Mixed Veggies, Asst. Fruit & Milk	<b>11</b> French Toast Stix w/ Sausage, Beans, Asst. Fruit & Milk	<b>12</b>	
<b>13</b> 14 Chickie Nuggies, Corn, Asst. Fruit & Milk	<b>15</b> Rotini w/ Meat Sauce, Green Beans, Asst. Fruit & Milk	<b>16</b> Hot Meatball Sub, Beans, Asst. Fruit & Milk	<b>17</b> Nacho Grande, Veggies, Asst. Fruit & Milk	<b>18</b> Pizza, Veggies, Asst. Fruit & Milk	<b>19</b>	
<b>20</b> 21 Spicy Chicken Wrap, Beans, Asst. Fruit & Milk	<b>22</b> Mac & Cheese, Green Beans, Asst. Fruit & Milk	<b>23</b> Chef's Choice!	<b>24</b> NO SCHOOL	<b>25</b>	<b>26</b>	
<b>27</b> 28 NO SCHOOL	<b>29</b> 30	<b>31</b> 30 31	<b>31</b> 30 31			  