

# BISHOP LUDDEN NEWSLETTER

March 2020

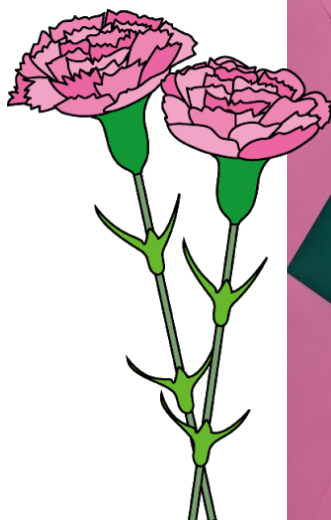
## IMPORTANT PHONE NUMBERS:

- Main Office:  
Ms. Scott  
(315) 468-2591
- Health Office:  
Ms. Jack  
(315) 459-7160
- Counseling Office:  
Ms. Buttner  
(315) 488-0053
- Tuition Office:  
Ms. Rounds  
(315) 459-7175
- Enrollment Office:  
Ms. Corcoran  
(315) 459-7160

## KINDNESS WEEK

The Bishop Ludden community celebrated Kindness Week last month, which included different themes each day. Read more about it on page 3!

*Photo courtesy of Laura Wittchen*



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## BL Junior/Senior GALA set for May 15

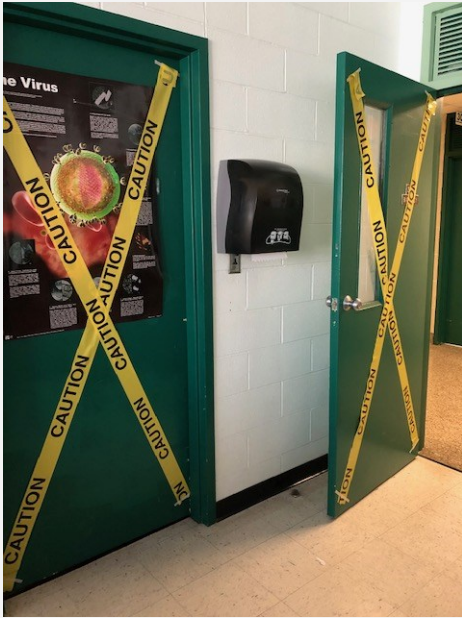
The Bishop Ludden Junior/Senior GALA will be held from 7 to 11:30 p.m. on Friday, May 15 at Traditions at the Links, 5900 North Burdick St., East Syracuse. Tickets will be \$65 on sale in April with Mrs. Henderson. Theme: Roaring '20s!



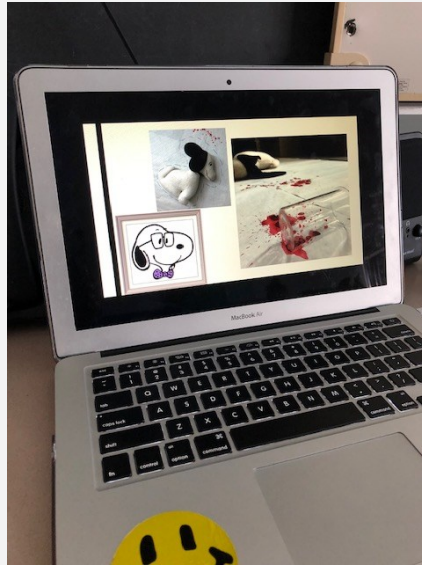
# WHO COMMITTED SNOOPICIDE?

*The case of the unknown murderer ...*

Students learned how to scientifically analyze a “crime scene,” and to observe, record, and collect several kinds of evidence. They used microscope skills to evaluate hair samples and “blood” samples, and then organized what they collected. Students closed their case by using gel electrophoresis to eliminate suspects. A jury of AP Biology students considered all the evidence carefully and concluded that the last remaining suspect was indeed “guilty.” While students had fun with the process, they also demonstrated mastery of several required lab skills as they conducted their investigation.



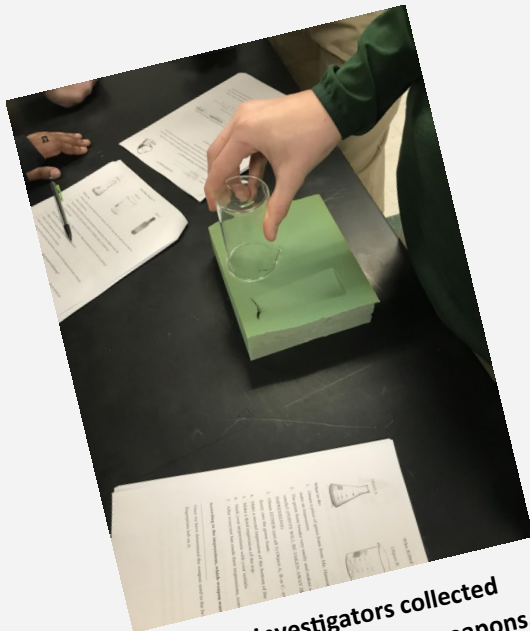
Students arrived to witness the crime scene, carefully roped off.



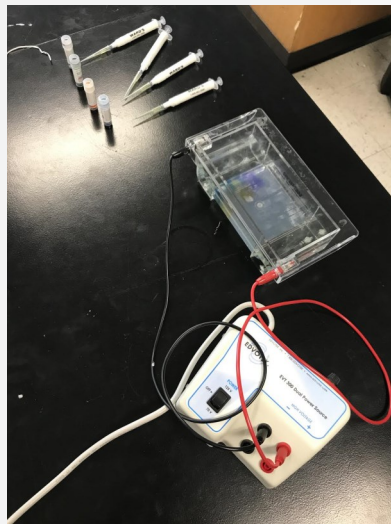
The victim, a mild-mannered canine.



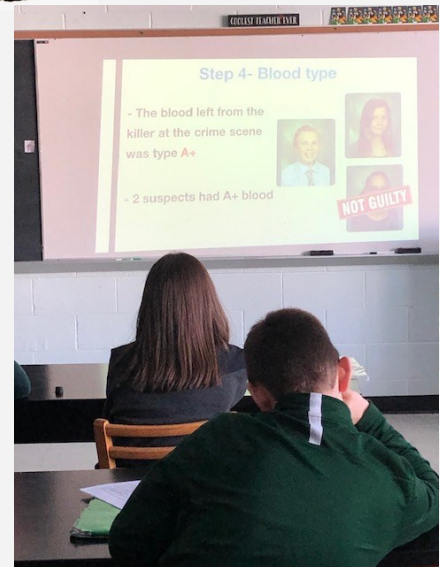
Suspects were fingerprinted, and compared to fingerprints collected at the crime scene.



Student investigators collected impressions of possible weapons.



Gel electrophoresis was used to evaluate “blood” samples from the scene.



Students used blood typing to eliminate a suspect.



### Kindness matters

This year, the counseling office organized a new initiative to promote kindness and gratitude in the Ludden community. During the week of Feb. 10, students wrote positive messages on the kindness board, sent thank you notes, exchanged carnations, participated in thoughtful actions, and encouraged one another to be kind and grateful for the friendships forged in the Ludden hallways. In the words of Mr. Rogers, "Imagine what our real neighborhoods would be like if each of us offered [...] just one kind word to another person."

This March, the counseling office will focus on mindfulness. On Monday mornings, Mr. Baer will lead the Ludden community through mindful meditation, focusing on deep breathing, self-awareness, and mental relaxation. By connecting with their present self, students may find it easier to focus on their schoolwork.

In other news, the counseling office is sad to announce that Mrs. Wittchen accepted a local counseling position and has transitioned into a full-time elementary school counseling role.



Five National Honor Society students, along with advisor, Kristin Schoeneck, recently volunteered for the WCNY Travel Auction. The group spent a few hours taking phone calls to help raise money for the local organization. Pictured from left is Gryffin Hardick, Ryan DeVaney, Jack Moen, Antonio Scutari, Katelyn Oswalt, and Kristin Schoeneck.

## Register now!

Now is the time for juniors to be signing up for the SAT or ACT. The deadline to register for the April 4 ACT was Feb. 28, but you can still register with an extra fee by March 13. The deadline for the May 2 SAT here at Ludden is April 3. There will be both SAT and ACT in June as well. Students can go to either [www.collegeboard.org](http://www.collegeboard.org) to register for the SAT or [www.actstudent.org](http://www.actstudent.org) to register for the ACT.

## WISHES CAME TRUE ... THANKS TO YOU!



Thank you to P4L and the many Ludden families who graciously responded to our teachers' supply wish list this year! We appreciate all your support! If you'd still like to donate, please see the list below for items that have not yet been purchased.



Expo Dry Erase White Board Cleaning Spray (4)  
Mouse pad  
Electric sharpener, Electric hole punch  
Rubber bands  
Scotch tape dispenser and tape  
Brother Brand P-Touch TZ 12 mm white with black label maker tape (2 pkgs)  
Can of window cleaner (not plastic Windex)  
Poster board  
Baskets  
Craft wood, craft glues/airplane glue  
Storage boxes (all sizes)  
Wood polish  
Art paints of all types  
Aerosol paints of all types  
Facial tissues  
Basic Spanish/English dictionary for students  
Yellow note pads (8 x 11)  
Uni Ball—Signo #207 black pens

## February follow-up

### Winter Open House

Thank you to all who helped with our annual Winter Open House held Feb. 9. It was a successful, well attended event!

### Mattress Sale

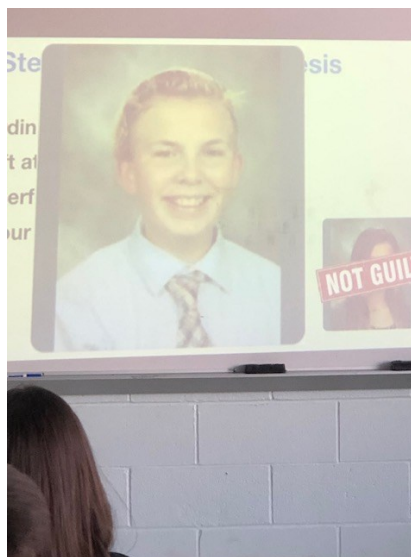
Our first ever Mattress Fundraiser raised just over \$1,000! Thank you to those who purchased and supported our mission to benefit the After-Prom Party in May. This event posed a couple of unforeseen challenges - a postponement due to weather with a rescheduling that just happened to be the first day of February break! - but we're chalking it up to a learning experience and may hold another one in the Spring.

So if you planned on coming last month but couldn't make it, don't fret! You'll most likely have another chance soon to take advantage of a great deal! For more details, contact Geoff Baer at [gbaer@syrdiocese.org](mailto:gbaer@syrdiocese.org).

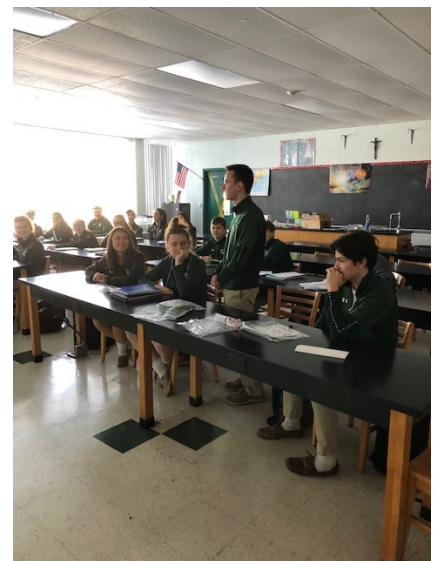
!!!!!!!  
(Justice!)



## SNOOPICIDE *Continued from page 2*



The results of electrophoresis left only one viable suspect.



A jury of AP Biology students evaluated the evidence, and unanimously found a suspect "guilty."



## Way to go, Brian!

Congratulations to Brian Buttner, who was selected into the All-County Jazz Band. Brian is one of only two tenor saxes selected and the first in Ludden history to be selected for this prestigious group. Brian's success is due in large part to Ludden alum, John Spillet, who graduated in 1972 and retired from Solvay as their band director. John is a professional sax player in the Syracuse area.



## GO LUDDEN!



**Left: Coach Driscoll and the team take a timeout at the Boys Varsity Basketball Sectionals game Feb. 25 against Nottingham. Ludden won, 60-58.**

*Congratulations to both the Girls and Boys Varsity basketball teams for a fantastic season!!!*

## CNY Central highlights Johnson, Kaigler

*Last month CNY Central featured D'Amonte Johnson and My'Kell Kaigler as co-athletes of the week. An edited version is found below :*

### Ludden's dynamic backcourt among CNY's best

The Bishop Ludden boys basketball team is once again in the midst of another banner season.

Heading into the final week of the regular season, the Gaelic Knights are 16-3 overall on the season with some impressive wins.

Many of those wins would be nearly impossible without the stellar play of Ludden's dynamic backcourt tandem of Monte Johnson and My' Kell Kaigler.

Kaigler (16 points per game) and Johnson (14 points per game) combine for 30 points each night, leading the Gaelic Knights to one of the best records in Section III's Class AA division.

"I mean, like, we're just hungry and we want to win," Johnson said. "That's pretty much it. I expect to go far and win sectionals. That's it."

"We play a lot of defense," Kaigler responded. "We've been slacking lately though, against CBA and what not. But we play a lot of defense and we trust one another to make plays for each other. We've got some hungry kids on the team, so, yeah, we want to go all the way."

Ludden's three losses this season came to two different teams: Corcoran once and Christian Brothers Academy twice.

"I think they're competitive," Ludden coach Gallagher Driscoll explained when asked about his two star players. "Every practice and every game. They don't want to lose. As the season's gone on, as seniors, I think they sense that they don't want this to end. So, they've been terrific."

Johnson and Kaigler have not made their college decisions yet, but plan to do so in the near future.



**From left: Monte Johnson and My'Kell Kaigler.**

## STEM SENIOR SPOTLIGHT: NGUYEN “SAM” NGUYEN

Senior Nguyen “Sam” Nguyen has been a Bishop Ludden STEM Star since her sophomore year. “My mother wanted me to come to the US from Ho Chi Minh City in Vietnam for a better education,” she said. “I already have family here in the USA. They came after the Vietnam War.”

Nguyen’s artistic side was recently honored with the Bishop James Moynihan Pro Vita Award for her painting, “The Sanctity of Life.” She is in AP Art, Band, Stage Crew, and is currently in the ensemble for the musical *Oliver*. Her STEM activities include Math League with Ms. Hess, Science Olympiad, where she scored a medal in GeoLogic Mapping, CNY Rocket Team Challenge, where she designed the rocket which won the most artistic award, and American Chemical Society ChemClub.

“I miss my friends and family in Vietnam, but it is worth it because I can always contact them. My favorite things about Ludden are the fun activities, the friendly welcoming people and dedicated teachers,” she said. “Mrs. Henderson inspired me and helped me with my projects. Mr. P gave me the chance to be in the musical this year and he always cares about his students. Mrs. Babcock is with me for every STEM Activity.”

Nguyen will be heading to Drexel University in Philadelphia after graduation as a Computer Science major with a Graphic Design minor.



Nguyen Nguyen

## Heading to Nationals after Back-to-Back Small Schools Championships!

Bishop Ludden’s MasterMinds A Team won the Small Schools Championship at the Geneva Invitational for their second consecutive title. The performance put the team on at 270 on the Groger National Rankings, the second highest in the entire CNY Region. The team won the third place overall trophy competing against #4 in NAQT rankings Ithaca (a rough loss in the championship Bracket there) and Reigning State Champs Troy for the only two losses all day in 10 game round robin play.

Paul Kolenda won the award as the #4 Individual Player, a difficult accomplishment since the Bishop Ludden A Team has such balanced scoring. The team was led by Coach Maxine Babcock, Captain Gryffin Hardick, Paul Kolenda, Dom Chatas, and Aidan Craner. The team was 4-0-1 in qualifiers with a last second comeback against Lakeland to win the qualifying bracket. Afternoon brackets were against the toughest teams in the tournament.

The B Team was 3-2 in qualifiers and 2-3 in tough afternoon play. Congrats to Captain Will Anderson, Peter Smith, Matt Brunger, George O’Malley, and Mike Losi. The B team nearly defeated the State Champion Troy team in morning play. The C Team as 0-5 in the morning and went on a 5-0 run in the afternoon. Congrats to C Team Captain Ryan Brady, Isaiah Apps, Paul Owens, and Pat Hammer. Great job for our B and C teams. Bracketing favored the Bishop Ludden A Team, who went in as the top seed in the morning bracket, while the B and C teams took on the toughest teams in morning play.

Bishop Ludden’s varsity team is heading to NAQT Small Schools National Championship Tournament in Chicago in April. The Varsity and JV Teams are also leading the Syracuse 2 League in MasterMinds.

## Kolenda to attend Individual Nationals

Bishop Ludden Junior Paul Kolenda’s back-to-back individual high scores in the Geneva and Ithaca NAQT Tournaments garnered an invitation to Individual Nationals. “Individual Player National Championship Tournament (IPNCT) welcomes individual players to see how their knowledge, reflexes, and anticipation stack up against those of other elite competitors.” Paul will be heading to Chicago for the April 5 competition and will be competing against the top 150 high school players in the country.

**Below: Pictured from left: Paul Kolenda, Gryffin Hardick, Dominick Chatas and Aidan Craner.**





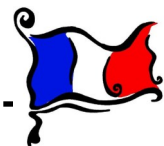
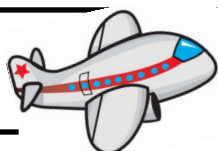
# "Oliver!"



Bishop Ludden thespians and musicians took center stage the last weekend of February with three amazing public performances of the timeless, classic musical, "Oliver!" On Thursday afternoon, the kids debuted during dress rehearsal for students from Holy Family and St. Margaret's schools—and it went off without a hitch! Congratulations to all involved for your outstanding efforts and achievements!



## TRIP NEWS



### SCOTLAND, ENGLAND, FRANCE - APRIL 2021

At this point, there is **only 1** place left! If you do not want to miss out, make sure you enroll soon! For more information, contact Mrs. Pietropaolo at [spietropaolo@syrdiocese.org](mailto:spietropaolo@syrdiocese.org).



## Reminder

### Shadow Days:

Prospective students are invited to follow one of our students for a day, to get a feel of the school and find out if we're a good match!

### Upcoming Shadow Day:

Tuesday, March 10  
Or by appointment

## Why choose Bishop Ludden? There's a dozen reasons ...



- 1) We offer an education that combines Catholic faith and teachings with academic excellence.
  - 2) We partner with parents in the faith formation of their children.
  - 3) We set high standards for student achievement and help them succeed.
  - 4) We provide a balanced academic curriculum that integrates faith, culture and life.
  - 5) We use technology effectively to enhance education.
  - 6) We instill in students the value of service to others.
  - 7) We teach children respect of self and others.
  - 8) We emphasize moral development and self-discipline.
  - 8) We prepare students to be productive citizens and future leaders.
  - 10) We have a 100% high school graduation rate.
  - 11) We cultivate a faculty and staff of people who are dedicated, caring and effective.
  - 12) We provide a safe and welcoming environment for all.
- Reference NCEA*

# Answers to Your Questions

An informational meeting for families was recently held at Bishop Ludden to discuss and answer questions about the new International Baccalaureate (IB) Programme. Parents asked questions about planned IB course offerings and IB Diploma requirements.

An upcoming question and answer session for students is planned, where students will be able to ask a former IB student directly about her experiences in IB.

Some of the questions discussed appear below:

### Tell us more about the “Core” classes.

IB has organized its Diploma Programme (DP) components into a graphic that shows the student in the center, surrounded by the whole IB experience. The overall concept, in the outermost ring, is “International-mindedness,” showing that IB students are encouraged to think of themselves and their places in not only the local community, but in the region, nation, and world. The next ring contains the six content subjects DP students take. The next ring, the Core, are the three experiences that underpin the way IB students approach all of their learning: the course *Theory of Knowledge*, the research experience that produces a 4000-word *Extended Essay*, and life outside of books in “*Creativity, Activity Service*.” These are often referred to by their initials (TOK, EE, and CAS) and because they are located near the center of the model, they are called the Core.

TOK investigates the nature of knowledge and how we construct our knowledge. Students are challenged to think about how they think about and acquire new knowledge in their other IB courses through higher-order questioning. Rather than concentrating on the “what” of learning (What happened in the Civil War? What chemical reaction occurred?), TOK asks how a psychologist draws conclusions, or how a design engineer constructs a solution. Students focus on how one type of knowledge differs from others, or if that knowledge even qualifies as “knowledge.” TOK learning experiences often begin in frustration and end with an “Aha!” The learning skills developed in TOK are often among the most useful and powerful as IB students advance into their college careers. TOK extends from the junior year into the senior year, and has its own forms of assessment, which include written and performance components.

The Extended Essay is an independent, self-directed piece of research that has a 4,000-word paper as its capstone. EE is a required, graded component of the IB Diploma Programme (DP). The EE is excellent practical preparation for undergraduate research or college term papers. It’s an opportunity for a student to choose and investigate a topic of personal interest that’s also related to one of the student’s six DP subjects. Students are supported as they research and write their EE, with additional advice and guidance from an EE supervisor, who is usually a teacher. There are three manda-

tory reflection meetings with supervisors, where students report on and discuss their research process as it progresses. Students begin their EE work in their junior year, and submit their paper during their senior year. (Note: The EE serves the senior capstone paper for DP students.) All EE final submissions are externally assessed by examiners appointed by IB.

CAS motivates students to learn through life’s experiences. IB students are typically already involved in “extracurricular activities.” But CAS asks students to realize how their extracurriculars enhance their personal development. Students reflect on their experiences and provide evidence of achieving seven learning outcomes. CAS lasts 18 months and shows a balance among creativity, activity, and service experiences. There are three formal, documented interviews in CAS, as well as a CAS portfolio. A scholastic athlete may find it easy to engage in “activity” experiences, since extracurricular sports activities, when properly evaluated and reflected upon, may be included. The same student may find it more challenging to engage in the “creativity” strand, if he/she finds creative challenges more difficult or foreign. Bishop Ludden students, because they already participate in service, may find the “service” strand easier to approach, provided they plan and record the development and effects of their service projects. CAS is a signature IB DP component unlike any found in other college-prep curricula.

### Will IB DP students be able to continue in band or chorus?

The Master Schedule for next year is being developed right now. Every IB school finds it challenging to build in the time needed for students to continue in classes like band or chorus. We are working to create ways to include those options for our students.

### Doesn’t IB DP instruction require some extraordinary teachers?

Not unlike IB students, IB teachers need to be especially motivated. We have selected IB courses based on what we anticipate student interest to be, but also based on the skills of our teachers. IB provides excellent professional development, and IB curriculum outlines are very well written. There are many online resources available to IB teachers, and Bishop Ludden is a member of the Western NY Consortium of IB Schools, which gives our teachers personal access to local NYS teachers that are teaching IB courses within the framework of NYS Department of Education. The standards of the IB Programme tend to make all participating teachers stronger and better.

More IB Information Meetings will occur at the end of March and April.

Short questions may be directed anytime to Ann Day at [aday@syrdiocese.org](mailto:aday@syrdiocese.org).



# SCRIP PROGRAM: GIVE A GIFT CARD AND EARN MONEY TOWARD TUITION!



Do you shop at Target? Walmart? Amazon? JCPenney? Marshalls? Kohls? Barnes & Noble?

Do you eat at Applebees? Olive Garden? Panera Bread? Cheesecake Factory? Subway? Dunkin' Donuts?

Are you planning a big home improvement project with Lowe's or Home Depot? How about making vacation plans with Airbnb? American Airlines? Hilton Hotels? Carnival Cruise Lines? Disney?

SCRIP gives you the opportunity to earn credit towards your student's tuition when you make your normal purchases from hundreds of retailers

## So, how does it work?

Think of it as substitute money. When you purchase a SCRIP, you're purchasing a normal gift card to use just like cash. But with every card you purchase, you're earning money back towards the cost of tuition at Ludden. SCRIP cards can be used for groceries, clothing, gifts, gasoline, vacations and more! Extended family and friends can also order through your student, earning your family even more credit toward tuition!

## How does buying a SCRIP generate revenue?

You order your SCRIP gift cards through the school and pay full face value for them. Bishop Ludden is able to buy SCRIP from hundreds of local and nationwide retailers through the Great Lakes Scrip Center at a discount. The discount, which varies from 1.5% to 25%, is returned to you as tuition credit for the following school year. For example, if you purchase a \$50 gift card from a retailer that is offering a 10% discount, you have already saved \$5 on next year's tuition bill.

DROP OFF	PICK UP
Mar. 16th	Mar. 20th
Apr. 20th	Apr. 24th
May 11th	May 15th
June 8th	June 12th

If you're planning a shopping trip to Target or a dinner at Cheesecake Factory, plan ahead and shop with SCRIP! Earn money back in the process — it really adds up. Families have earned hundreds of dollars towards their tuition bills.

## How do I order SCRIP?

Download and complete an order form. There is a one time \$20 set-up fee paid annually, which covers shipping costs. Send the order to school with your student on the due date (always on a Monday) and the rest is up to our SCRIP coordinator. Your SCRIP order is returned to you or your student at school the Friday of the same week.

If you will not have a student enrolled at Bishop Ludden next year, the rebate amount will be donated to the Ludden Fund.

At Bishop Ludden, our SCRIP coordinator is Heather Chemotti. Please feel free to contact Heather at [hchemotti9@gmail.com](mailto:hchemotti9@gmail.com) with any questions. For more information, including order forms and a full list of participating retailers, visit [www.bishopludden.org](http://www.bishopludden.org).

# Lent 2020

Ash Wednesday, Feb. 26, commenced our 2020 Lenten journey — a season of reflection and preparation before the celebrations of Easter.



Think of ways you can develop a closer relationship with God through prayer, fasting and almsgiving.

## Matthew 6:16-18

16 "When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show others they are fasting. Truly I tell you, they have received their reward in full.

17 But when you fast, put oil on your head and wash your face,

18 so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.



## Reflections on the Lenten season By Sister Beth Ann Dillon

*From the time we were children, our first question for Lent was often, "What are you giving up for Lent?" Giving something up for these 40 days is a custom that, when we were younger, led us to enter into the season with a sense of purpose and a greater awareness. As adults, we might want to consider looking at Lent in a deeper way. We are probably much more settled into our behaviors and patterns of life and sometimes giving up something is where we begin—and end—our reflections on Lent. It can be tempting to say, "I am giving up chocolate" or even all sweets. But without more reflection, it can become simply a way I show God how strong I am. **Is Lent more about me than any conversation with God?***

### Reflective Question to Self: Is Lent more about me than about Jesus?

Lent isn't simply about us "giving up" something. The real grace is when we recognize that Lent is a season in which God wants to *give us* something. God wants to help us transform our lives and make us free—choosing to act in freedom—as way we live our lives at home or in the workplace. It is much easier for us to simply choose something "to give up" and then go back to after 40 days to prove to ourselves and to God that we can do it. But this year we might reflect and ask the deeper question: *What is God inviting me to change this Lent? Not give up?*

The root word SACRIFICE is *sacre* + *Facere* and it does NOT mean to GIVE UP ... It means to make oneself HOLY ... in the action performed! So when we begin by listening to the movements of the heart, God is speaking. When we are feeling uncomfortable with certain choices, with those daily, available sacrifices are we willing

*to make ourselves holy and more Christ-like? What thing do each of us need to do to make that happen ... and to become holy in the present moment?*

### Reflective Question to Self: How do I know what God might be stirring in me?

It might be that we know deep down that we are too busy or not busy enough, so reaching out to others or learning how to say no to unnecessary invitations might be the right thing to do. Asking what we would like to change about ourselves this Lent, according to God's point of view, may require a little more reflection. It is a question of balance.

### Reflective Question to Self: What pattern of behavior in my life needs changing? What do I need more of in my life? Less of? More patience? Less selfishness? More loving behavior? Less criticism?

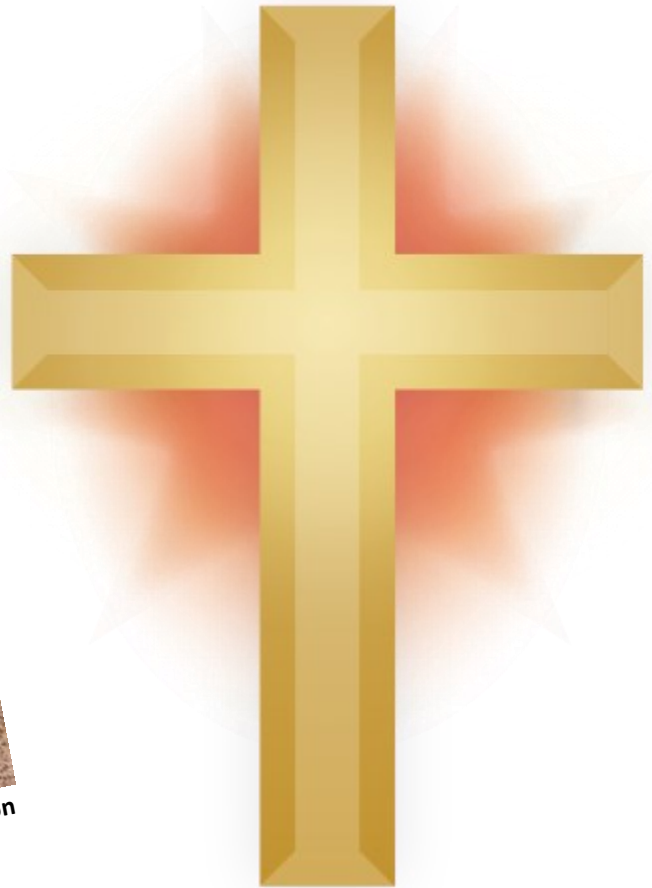
These answers obviously lead to more questions and lead us to the heart of our intention. Perhaps, think of something that gets in the way in choosing to be more loving and self-sacrificing. Too often the ordinary conflicts, divisions and difficulties in life result from simple selfishness on our own part than the part of others. The results of that behavior are never good and always divisive. Can we imagine doing a Lenten practice in which each of us would tell members of our community—those whom we have most offended in these ways—that we are really sorry? To ask them to help us to work together to bring more unity, cohesiveness and peace.

*See Reflections continued on page 11*





Achot Aroman and Ally Royal have a little fun after Ash Wednesday mass.  
Courtesy of Sr. Beth Ann Dillon



## Reflections on the Lenten season Continued from page 10

### **Reflective Question to Self: What if ...?! What would it cost me to change this behavior?**

God is moving our hearts communally to reflect on these changes. He will remain faithful and help each of us to stay open to the grace being offered for change. It may be something we don't want to change or acknowledge. We don't think we can change it. But that's where talking to God can make the difference. We are not doing this alone; we are doing it with God.

When we look at challenges we might discover that communication difficulties in community derive from non-listening ... to interrupt and not being free enough to simply listen without objecting. Maybe even if someone else is wrong, can we sit with it? Can we share a different point of view without having to win the argument, and instead, advance real communication with another? In asking God for help, we might ponder one of the many healing Gospels, like Mark 2: 1-12. In this story, a group of friends carried a mat with a paralyzed man to Jesus, who was teaching inside a house. So many people crowded around the outside of the house that the friends were unable to get the mat inside. So they went up to the roof and

moved aside the tiles and lowered their friend on the mat to Jesus below. The words to this gospel say that the friends on the roof had "broken through" the tiles to lower their friend into the house for healing. Their breakthrough led directly to the healing.

**Where do we need a breakthrough? What is the barrier that keeps us from asking for healing?** In our own lives, we need to break through our denials, defensiveness and our unwillingness to look at ourselves. Discovering what the barrier is in my life is critical. If we don't know what the barrier is, these weeks of Lent are a great time to reflect upon it. When we identify the barrier, we have made the breakthrough. That's when Jesus can heal us of it.

### **Reflective Question to Self: Why is this a good Lenten practice?**

Because it gets my attention where I live every day. It allows God's grace into my soul and into the place where my real life exists. That's where Jesus stands with me every day, waiting for me to be lowered from the roof so he can touch me and heal me.

# ALUMNI NEWSLETTER

## ALUMNI SPOTLIGHT: DEACON BOB FANGIO, CLASS OF 1974

**College Education:** LeMoyne College (Bachelor of Science in Biology)

**Advanced Degree:** State University at Buffalo School of Dentistry (DDS degree)

**Current Occupation:** General Dentist and Catholic deacon in the Diocese of Syracuse

**Professional Achievements:** Recipient of the Fifth District Dental Society Award for Outstanding Service to the Dental Profession. Recipient of Syracuse University's Martin Luther King Award for Service to the Community.

**What is the best advice you could give current Ludden students?**

Embrace your Catholic faith, stay close to the Lord. See yourself as God's unique child who is beautifully made. Don't ever forget that the gifts and talents God gave each of us are not meant just for ourselves but meant to be shared in service to our brothers and sisters in community.

**What is your favorite Ludden memory?**

The friendships I cherished with my fellow students and the genuinely close and personal attention given to me by my teachers.

**Why are you proud of your Bishop Ludden heritage?**

Bishop Ludden provided a unique and nurturing environment that allowed me to grow academically, psychologically, and above all, spiritually—the formation I needed in this very challenging and competitive world in which we live. My education was highly respected by those who would evaluate my credentials and it was accomplished all within a smaller institutional setting, a place I felt very comfortable in. I am proud that Bishop Ludden's educational model continues to thrive in a society when private religious schools are being threatened.



Deacon Bob Fangio

## ALUMNI SPOTLIGHT: KELLY GRANTEED, CLASS OF 2013

**College Education:** SUNY Oswego, double major in adolescent education 7-12 and English, minor in English.

**Advanced Degree:** SUNY Oswego Master's degree 7-12 Generalist Special Education

**Current Occupation:** Eighth grade English teacher at Expeditionary Learning Middle School in the Syracuse City School District.

**Professional Achievements:** NYS Teaching Certification 7-12 ELA, NYS Teaching Certification 7-12 Generalist Special Education

**What is the best advice you can give current Ludden students?**

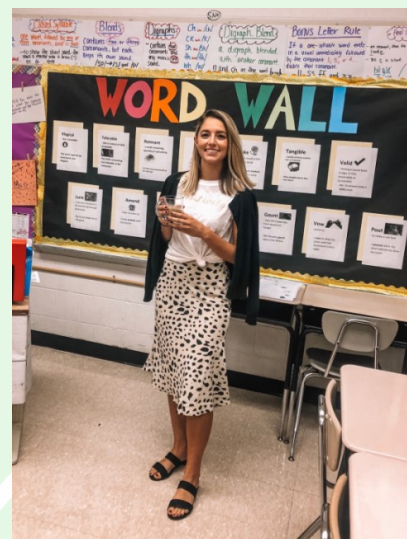
The best advice I would give current Bishop Ludden students is to stay focused and motivated on achieving your goals in life. In addition, I would stress to surround yourself with people who raise you up and support/love you for who you are. Lastly, attend every Ludden event offered (dances, fundraisers, sporting events, etc.) because they will be some of the best memories of your life.

**What is your favorite Ludden memory?**

My favorite memory from Ludden was having the opportunity to play soccer and basketball. I truly found who I was through my love of both games. I was blessed to be able to play alongside my sisters and best friends, and play for amazing coaches. There was no better feeling that winning a game against our rival (Westhill) at home on a Friday night with the entire community watching.

**Why are you proud of your Bishop Ludden heritage?**

There are many aspects that I am proud of from my Bishop Ludden heritage. I am very proud that my dad and both sisters are Ludden graduates. Bishop Ludden has always been a part of my life and family. I am also very proud that I was able to have many years in a safe and welcoming environment built on firm beliefs that have created my lifelong values and foundation.



Kelly Granteed

**Alumni Spotlights are now on our website under the Alumni tab! We will be featuring a few alumni every month and would love for you to learn more about them!**



## In Memoriam



Karin Simmons

Former Bishop Ludden teacher Karin Simmons, 61, passed away peacefully at home on Feb. 18. She was a lifetime resident of the Syracuse area.

A graduate of West Genesee High School, Karin earned her bachelor's degree from Ithaca College and master's degree from SUNY Oswego. She taught

at Bishop Ludden for more

than 10 years and was a CPA for over 30 years. Karin was on the National Dean's List and Who's Who Among Graduate Students from 1994-1995.

Karin is survived by her husband, Lonnie; three children, a brother, three grandchildren and one on the way, and several nieces and nephews.

You may share condolences at [www.BuranichFH.com](http://www.BuranichFH.com).

## Upcoming Reunions

**Class of 1970** is holding its 50th Reunion July 17 & 18, 2020:

- 5 p.m. Friday night at Blarney Stone
- 1 p.m. Saturday at Tuscarora

More details TBD! Email any questions to Kathy Shults O'Leary at [kobo1007@yahoo.com](mailto:kobo1007@yahoo.com).

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Please follow Bishop Ludden on [Facebook](#), [Instagram](#) & [Twitter](#)!

Planning a reunion? Bishop Ludden would love to help!

For more information, visit <https://www.bishopludden.org/alumni/reunion-events/>.

## 2018 Alumna joins Navy



**Stephanie Broton with Nicholas Storie (Stephanie's direct recruiter), Corey Garropy and Matthew Killoren.**

Class of 2018 alumna Stephanie Broton was presented a St. Michael's medal at the recent CBA vs. Ludden basketball game. Stephanie has joined the United States Navy and began boot camp in Chicago on Feb. 19. God bless Stephanie on her new adventure and we thank her for the service she will be giving to our country.

## Table Hopping features Susan Royal

Table Hopping recently published an interview with Bishop Ludden alumna Susan Royal, Class of '85. Check out the Q&A at <http://tablehopping.com/featured/2020/02/susan-royal-a-way-of-life-in-drumming/>.

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## Class Representatives Needed!



**IF INTERESTED, CALL BISHOP LUDDEN  
AT 315-468-2591.**

We are so grateful to have your support for the work that is being done at Bishop Ludden! The Development Office is seeking class representatives and updated information to help keep our alumni connected and up to date on the great things happening at Bishop Ludden.

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# March



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 Popcorn Chicken, Corn, Asst. Fruit & Milk	3 Pasta w/ Meat Sauce, Green Beans, Asst. Fruit & Milk	4 Chicken in Gravy over Rice, Corn, Asst. Fruit & Milk	5 Hamburger on a Bun, Beans, Asst. Fruit & Milk	6 Pizza, Beans, Asst. Fruit & Milk	7
8	9 Chicken Nuggets, Carrots, Asst. Fruit & Milk	10 Tacos w/ Rice & Beans, Asst. Fruit & Milk	11 <b>NO SCHOOL STAFF DEVELOP- MENT</b>	12 Grilled Cheese & Tomato Soup, Carrot Sticks, Asst. Fruit & Milk	13 Pizza, Beans, Asst. Fruit & Milk	14
15 	16 Chicken Patty on a Bun, Corn, Asst. Fruit & Milk	17 Pasta w/ Meat Sauce, Green Beans, Asst. Fruit & Milk	18 Pulled Pork on a Bun, Broccoli, Asst. Fruit & Milk	19 Nacho Grande w/ Beans, Asst. Fruit & Milk	20 Pizza, Beans, Asst. Fruit & Milk	21
22	23 Popcorn Chicken, Corn, Asst. Fruit & Milk	24 French Toast Stix w/ Sausage, Beans, Asst. Fruit & Milk	25 Spicy Chicken Wrap, Corn, Asst. Fruit & Milk	26 Chicken Parme- san, Broccoli, Asst. Fruit & Milk	27 Pizza, Carrots, Asst. Fruit & Milk	28
29	30 Hot Meatball Sub, Green Beans, Asst. Fruit & Milk	31 Pasta w/ Meat Sauce, Beans, Asst. Fruit & Milk		