

BISHOP LUDDEN NEWSLETTER

"Where character, commitment,
and community come together in
a school for all."

March 2021

IMPORTANT PHONE NUMBERS:

- Main Office:
(315) 468-2591
- Health Office:
Ms. Jack
(315) 459-7160
- Counseling Office:
Ms. Buttner
(315) 488-3237
- Enrollment
Ms. Coolican
(315) 579-0086
- Tuition Office:
Dc. Nick Alvaro
(315) 459-7175
- Development Office:
Ms. Gilheney
(315) 579-0061
- Alumni Relations
Ms. Corcoran
(315) 459-7201

Boys soccer players 'warm up' the Samaritan Center with gloves



Bishop Ludden boys soccer players last month collected more than 50 pairs of gloves for women, men and children to donate to the Samaritan Center. Left, Roberto Scutari (10th) and Spencer James (10th) (front) pose outside the center with director Mary Beth after drop-off.

NOTE FOR PARENTS

Please fax your student's physicals and shot records to the health office at 315-671-9710, especially if this is their first year as a Bishop Ludden student. Thank you!

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Update: Trip news

2021 - We have rescheduled our Scotland, England, France trip to August 4, 2021. We know this may not be possible for all our travelers. If that is the case, you received an email from EF and us as to your options. Some of you have already decided to transfer to next year's trip. If you have done so, or you decided to get a refund and not travel, that's fine. We are hoping that if you haven't made any changes, you are like us, hoping to be able to travel in August! The group may be a little smaller but it will still be an incredible experience. We will continue to keep you posted!

2022 - Germany and France - This trip is still on schedule for Spring 2022. If you read the notice above, you can see that the size of it is increasing! If you are interested, we would advise you to enroll soon, as numbers are limited. Go to EFtours.com and the trip number is 2366542ex. Questions? Contact Tom or Suzanne Pietropaolo.

Let's hope we will all be able to soon enjoy the joy of travel!



ATHLETICS

Sophomore Amarah Streiff enters the 1,000-point club

... and that's something to celebrate!

Last month Syracuse.com featured Amarah Streiff for her entry to the Syracuse.com/The Post-Standard 1,000-Point Club. Read about her achievement through Syracuse.com below. *Congratulations, Amarah!*

HS roundup: Amarah Streiff enters 1,000-point club

By Pat Spadafore

Amarah Streiff needed 24 points to reach the 1,000-point plateau. On Saturday, she scored 28 to help lead Bishop Ludden to a 65-43 win over Bishop Grimes.

"Amarah is a fighter," said Bishop Ludden coach Carm Petrera. "Always has been, always will be. She attacks life that way. She's been a staple to Bishop Ludden and chasing this goal since she was 12 years old. It's the consistency of the work every year. Every year she wants to get better."

Streiff scored 13 of her 28 points in the third quarter to erase a three-point deficit and take a 44-37 lead.

"I could see the frustration in her eyes at halftime," Petrera said. "The girls from Grimes were throwing everything they had at her. She knew it wouldn't be easy but effort is never an issue with Amarah. She expects greatness from herself for her team, never for just herself. So, I told her to just play the way we all know she can. Nothing comes easy. Just go out there and let your teammates be there for you."

Streiff's last basket in the third quarter put her at 1,000 points.



Amarah Streiff (holding sign) and teammates celebrate Streiff's accomplishment. Photo from Syracuse.com.

Another Section III girls basketball player enters the 1,000-point club:

Meet Amarah Streiff (5 questions) By Gladys Cleland | Contributing writer, Syracuse.com

Q: You are now among an elite group – the 1,000-point club. How will this honor influence the way you play your future games?

Amarah: First, it's a great honor to be a part of the club with so many other really good student-athletes. For me, I'll now work even harder - setting new boundaries like becoming the all-time Bishop Ludden leading points scorer or making 2,000 points on the court!

Q: Those who follow your basketball career describe you as a passionate fighter on the court. What other phrase or word would you like to have fans use when they describe you?

Amarah: Powerful presence. I believe I have a strong presence on the court, especially down low. It's challenging to make those up-and-under shots, and they're not often given as much credit as the scoring by the guards. If you have a strong presence within the paint, that's powerful.

Q: You've said your mom is your true inspiration. What advice has she given you that's worthy of sharing with others?

Amarah: She is! Before every game, she says, 'Go big or Go

home!' and encourages me to do my best and to be true to myself. Everyone should be true to themselves.

Q: What have you learned most about yourself as a member of the Bishop Ludden team?

Amarah: When I began playing for Bishop Ludden, I felt amazed by what the previous players were able to do and accomplish. I wanted to strive outside any boundaries, no matter what. Even when I got my 1,000th point, I thought as I was running down the court, 'OK, what's next?' How can I keep moving myself and the team forward?

Q: What is the next personal goal that Amarah Streiff would like to achieve?

Amarah: I really want to attend a university where I can play basketball but that offers pre-med. I want to become either an RN or an orthopedic surgeon. This might sound strange, but I'm fascinated by how the body works. What joints and muscles I'm using when playing basketball and, if I get a cramp, how and why are my muscles not working properly.

ATHLETICS

Senior Lauren Petrie commits to St. John Fisher



2016-2018- League Champions, Sectional Champions, Regional Finalist

2018-2019- League Champions, Sectional Finalist, OHSL Liberty All- League Honorable Mention Recipient

2019-2020- OHSL Liberty Central All- League Second Team Recipient, Class A All State Honorable Mention recipient by the New York State Sportswriters Association

Varsity career at BL:
76 wins 21 losses.

From Coach Petrera to Lauren:

Congratulations Lauren!! You have represented Bishop Ludden and the sport of basketball with amazing grace, respect and pride. Your dedication to your craft throughout the years have been the driving force for our program. As your coach, I cannot say thank you enough for all of your hard work and dedication to the sport we love so much. You elevated your game throughout this journey and the games of your teammates around you. You made competition fun and the process extremely worthwhile. And for that, I am extremely grateful and honored to have shared the Ludden Legacy with you. We Got Your back!

Coach

Coach Melissa Kuberka on meeting Lauren:

"I first saw Lauren at an event the Syracuse Royals put on. I was not there to watch her but her coach suggested I take a look. She was only a sophomore so I just circled her name in the book and didn't think much of it. However, as the night when on she did stand out because of the intensity she brought on defense in what was, in essence, a pick-up game. She didn't look to score much but the couple of times she did, she was making the right decision. Our program motto is simple and selfless and it was clear from the start that Lauren fits that. She doesn't overcomplicate the game or try to do too much - she is committed on both ends of the floor and she's a great teammate, maybe too unselfish at times. I knew if she continued putting the work in, she would have the chance to make an impact at the college level."

When asked what type of qualities will Lauren add to her program, this is what she had to say:

"Our roster is made of good people who excel in the classroom and who are also good basketball players. Because of the foundation she has created for herself, Lauren is going to fit right in with our group. The obvious things that Lauren brings are a consistent work ethic and the tradition of winning. She is in the gym whenever she has the opportunity and she has the experience of winning. We want players who love this sport, are willing to sacrifice their time to grow, and players that know what it takes to be successful. Obviously we want to win games but she is going to make the people around her better by her example and that is going to lead to many wins, on and off the court."



SCHOOL NEWS

COUNSELING NEWS

Counselors have been meeting with students regarding course selections for the 2021-22 school year. The Program of Studies can be found online and it was also emailed home to everyone. Look for a course selection sheet to be coming home by the end of March. Please review it with your child and if approved, sign and have your child return it to the Counseling Office. It needs to be back to us by March 26th so we can plan next year's schedule. If you have questions or concerns about courses for next year please feel free to contact your child's school counselor.

Now is the time for juniors to be signing up for the SAT or ACT. The deadline to register for the April 17 ACT is March 12 and the deadline for the May 8 SAT at Ludden is April 8. Students can go to either www.collegeboard.org to register for the SAT or www.actstudent.org to register for the ACT.

The annual National College Fair, sponsored by the National Association for College Admission Counseling, will be held virtually this year. You will be able to register for the college fair online at www.virtualcollegefairs.org:

NACAC Virtual College Fairs Dates and Times:

3/7: 1:00-7:00pm (STEM)

3/16: 4:00-8:00pm (Performing and Visual Arts)

3/21: 1:00-7:00pm

5/2: 1:00-7:00pm

STEM Club set for Nationals

Bishop Ludden is officially in for SSNCT Nationals in the Open Division. Registration is complete. Our Quiz Bowl team qualified at the Ithaca Fall Invitational against some of the best teams in the nation. Wish good luck to seniors Paul Kolenda, Captain Aidan Craner, Dom Chatas, Will Anderson, George O'Malley, Matt Brunger, and Coach Maxine Babcock.

The team has been together for four years and has won numerous honors on route to nationals. The team is competing in the Texas Quiz Bowl Alliance State Championship on March 6th on Zoom in preparation.

New uniform option just in time for spring!

Spring is almost here, and with it is a new choice for your Ludden apparel/uniform!

These new lightweight polo shirts are short-sleeved, come in both green and white as shown, as well as in both men's and women's sizes (women's are also fitted).

Price is \$40 each.

To check them out or to purchase, please visit or call the Main Office (315-468-2591 x 2200).



LUDDEN LIFE

Seniors enjoy surprise pizza party!

It's about time the seniors get to enjoy being a senior! Parent volunteers decorated the cafeteria and donated food for the occasion. Thank you for your help!



From Pillars Magazine

True Heroes: Pair of Custodians Keep School Safe, Clean for Students

By Christy Perry Tuohey

Our beloved, hard-working, and committed custodians Joe Aldrous and Tom Liggett were featured in last month's Pillars Magazine! Read the full article below!

Quietly, mostly behind the scenes, a two-man team keeps Bishop Ludden Junior-Senior High School clean and safe. Joe Aldrous, who took a job at Ludden in 2002, and his colleague, Tom Liggett, an employee since 2007, are the school's custodial staff. They are also good friends who share a love for sports.

In the past year, Aldrous and Liggett have tackled challenges unprecedented in their pre-2020 work lives. When community spread of the coronavirus reached Central New York and local schools shut down, they kept working at the school, but their jobs were dramatically transformed.

According to Liggett, they spent days disinfecting the entire facility. "At first they said they [students and staff] were coming back," he remembered. "But when May came, they said no, and the governor said no, so then we started doing the rooms."

Their adapted method of cleaning classrooms introduced a tag-team approach. Aldrous explained that each takes a room, removing desks and cleaning and waxing floors. "While I'm doing that, he's [Tom] in the next room," Aldrous said.

When the students returned in September, their approach changed once again. As they brought the cleaned desks back into the classrooms, they carefully spaced each 6 feet apart to adhere to social distancing guidelines.

"It's a whole different ball game now," Aldrous said. "Because you can only have so many kids in the classroom." As of fall 2020, 240 students were attending Bishop Ludden full-time and in-person, and 30 were learning remotely online.

Classrooms, bathrooms and the cafeteria have all been rearranged, and the custodians installed hand sanitizers around the building. "We've got about 15 of them," Liggett said. "We had to drill them into the concrete... you know, put 'em up on the walls."

The cafeteria, as Aldrous puts it, "isn't what it used to be."

Tables were taken out and desks brought in to be safely arranged. "The tough part is when the kids come in and you have to tell them, 'You've got to stay safe.'" Aldrous said. "'You can talk, but you still can't linger.' It's tough."

The school's bathrooms are locked and can have only one person at a time inside. The custodians are kept busy with bathroom requests, delivered via a walkie-talkie Liggett carries. Toilets have dividers, but urinals and sinks have to be blocked off to create space between users' coming and going.

Bishop Ludden Principal Leo Cosgrove is grateful for Aldrous and Liggett's readiness to adopt strict safety measures, including wearing personal protective equipment. "They've got to change

what they do into some different routines, which is taxing at best," he said. "I know it was an adjustment for everybody to put masks on, but these guys are great with it."

Unforeseen supply shortages have also made their jobs tougher. In the early days of the pandemic, they replaced school furnace filters with special antibacterial ones. They had only a limited supply on hand in spring 2020; the next shipment was back-ordered due to other large facilities, like shopping malls, needing them immediately.

Winter brings new challenges for Liggett and Aldrous, not just because of the usual heavy snowfall. They are concerned about keeping windows open around the building to improve ventilation, a tricky task during the year's coldest months.

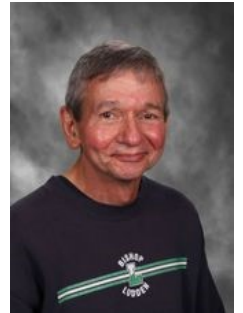
Their jobs are also made tougher because they are both in a higher-risk age group. In Aldrous' case, he has a family history of cancer. Liggett has grandchildren he couldn't see for months because of potential virus transmission. But early on, they both tested negative for the coronavirus and were able to continue working.

"It's tough to find people like [Tom and Joe] with the loyalty for this building and the love they have for the children," Cosgrove said.

Cosgrove calls the two "a special pair," not only for their complementary work style but their camaraderie. They both enjoy setting up for and watching Ludden athletic events, and, in the past, watched softball games together. Pre-COVID, Aldrous even took tickets at football games.

The danger of COVID-19 has restricted school sports indefinitely. "I used to go to the games and watch them play," Aldrous said of the Ludden students. "I'd go on the road to watch the kids play soccer, football, golf, too. Maybe next year. I don't know."

Future scheduling for both academics and athletics is still very much up in the air. But the tag-team of Aldrous and Liggett look forward to the day when they can once again sit in the bleachers and know that the only thing up in the air might be a fly ball.



Joe Aldrous



Tom Liggett

Christy Perry Tuohey is an author and a freelance writer in Syracuse, New York.

DRAMA DEPARTMENT

BISHOP LUDDEN JR/SR HIGH SCHOOL PRESENTS:



ADAPTED BY DOUG RAND
PRODUCED WITH THE SPECIAL PERMISSION OF PLAY-
SCRIPTS, INC.

Performances:

7 p.m. Friday, May 7
2 p.m., 7 p.m. Saturday, May 8
Chevy Court, NYS Fairgrounds

Cast members:

John Galeazza*	Potter
Abbey Ryan*	Ma Bailey
Will Anderson*	Gower
Bailey Ganoung	Zuzu, Young Harry, Board
Payton Campbell	Mrs. Martini, Board, Person 2
Amelia Lamendola*	Ruth, Mrs. Davis, Flo
Alexis Netti	Horace, Edna, Person 1, Young Marty
Brigid Hardick	Bert
Megan Cameron	Partridge, Charlie, Rent Collector, Person 3, Board
Annaliese Bower	Secretary, Mrs. Thompson
Chloe Ward	Marty, Randall, Janie, Person 4
Jon Daher	Ernie
Regina Shattell	Eustace
Sarah Fink	Sam, Mr. Welch, Young George, Jake, Bald Man
Tess Murry	Violet
Analeah Morquecho*	Jo
Josephine Shattell*	Frankie
Jane Haggerty	Peter, Campbell, Young Mary
Delia Adams	Tommy, Board, Young Violet
Serena Royal	Attendant
Emily Flynn	Clarence
Brian Buttner*	George
George O'Malley*	Billy
Ben Thieben	Harry
JMO	Bouncer, Mr. Carter
Pat Hammer	Martini, Mickey, Watchman, Sheriff
Joe McGarvey	Guy 2
Norah Casey	Tilly
Francesca Todeschini*	Mary
Jordynn Howard	Annie
Mary Papini	Mrs. Hatch, Jane, Freddy, Tom
Paul Owens	Bouncer, Young Sam
Matt Brunger*	Nick, Guy 1
Mr. Zach Servidone	Pop
*Senior	

Crew members:

Achol Aroman	Heidi Beckon
Gabby Monroe	Gabriella Berry
Sofia Gurgol	Matt Brunger*
Beatriz Gurgol	Rose Fallon
Luke Infanti	Joe McGarvey
Isaiah Apps	Alison Bradley
Reese Evans	Victoria Parsons
Ava DiRubbo	Katie Wiegand
Lily Janowski	

SCHOOL INFORMATION

Spring Sweepstakes is back!

Spring Sweepstakes ticket applications are now available! Save the date for Saturday, May 15. The sweepstakes drawing will be held via livestream. Please visit our website for application and information.

*As always, you may request a specific ticket number if you would like. Please make a note on your application and ticket requests will be granted in the order they are received. Get your ticket applications in ON or BEFORE March 17 to be added to the early bird drawing, which is 10 prizes of \$100 each and a Lucky Lottery Ticket with each prize.

Questions? Call (315) 263-4804 or email luddensweepstakes@gmail.com

Re-registration: It's not too early

***Fee increases to \$150 per student on April 2.**

***Re-registration Fee: All re-registration fees are nonrefundable; re-registration is not complete until ALL paperwork and fee are returned to Bishop Ludden.*

Re-Registration Fee Schedule:

March 2 through April 1: \$100

April 2 and beyond: \$150

Please return re-registration form & required fees to:
Bishop Ludden Jr-Sr High School
815 Fay Road
Syracuse, NY 13219
Attn: Bridget Buttner

The link to the registration form is [bishopludden.org/admissions/application-process/](https://www.bishopludden.org/admissions/application-process/)

Transitioning to junior high school?

If you know of any current sixth grade students who are interested in Bishop Ludden and may want to take the scholarship exam, please let their families know to reach out to Annibell Coolican at (315) 579-0086 or acoolican@syrdiocese.org.

We are offering Shadow Days for interested students, and families can come in for a tour of our school. If you are ready to enroll your sixth grade student at Bishop Ludden, please visit our admissions page at www.BishopLudden.org to find the new admissions application!

Summer 2021 Driver Ed

Registration for the summer session of DISTANCE LEARNING Driver Education is now open. Class will run from July 1-August 10. Drivers must be 16 years old by July 1, 2021. Space is limited so don't wait to register! More information is available on our website, at <https://www.bishopludden.org/summer-2021-driver-education/>

Golf tournament donations

Thank you to all who participated in and/or donated to the Patrick T. Mathews Gaelic Knights Open Golf Tournament. For the 20/21 school year more than \$15,000 has been donated to over 20 students in need of financial assistance. These funds came from the golf tournament.

Last year, the committee saw an opportunity for a more direct and continuing impact for the financial need of students. The committee plans to donate the proceeds of the tournament, still in Pat's name, to fund hardship scholarships for current students in need. These scholarships make it possible for students, who otherwise would be unable to attend Bishop Ludden, to realize their desire to be a part of our great community.

We thank you for your continued participation in this effort and SAVE THE DATE for the 2021 tournament, scheduled for August 2.

Amazon wish list

Our teachers are a big part of what makes Bishop Ludden so special! As we head into the last few months of what has been a challenging school year, we hope you'll help us keep classrooms stocked with all of the essentials.

Visit the link below to see what our teachers are requesting this year. Skip the trip to the store and purchase something straight from this list and it will be delivered right to Bishop Ludden.

Don't forget to "leave a note" at checkout so we can thank you for your kindness and generosity! https://www.amazon.com/hz/wishlist/ls/BEXG09AXKYPC?ref_=wl_share

Memories ...

If you haven't already, please remember to order your year-book! Just copy and paste the following link:
<https://www.jostens.com/apps/store/customer/1052805/Bishop-Ludden-Jr-Sr-High-School/>

LUDDEN LIFE

Student Poetry

'My Skateboard'

By Rose Fallon

(Submitted by Mr. Colabufo with author permission)



I ride my skateboard
And I feel free
The pain and horrors
Are behind me
When I ride I have no fear
Just the sounds no one knows in my ear
That special feeling of exhilaration
To all, I give my concentration
Maybe I'll be a sensation one day
If my skateboard comes with me all the way
I'll have my headphones
To whisper life into my bones
I have a pair of Vans
And someday all my fans
Will call me the best
And there will be no need to protest.
Skateboards give me the feeling of escape
Even if I have to reshape
All the days of my life
I will do it with no strife
So to all those that never believed
One day I know they will grieve.
I hope to ride like a pro someday
And maybe if I pray
I will get there
And there will be no to compare.

Bishop Ludden: A Diverse Community

Our Bishop Ludden community is vast yet tight-knit with students coming from 20 school districts that range from Geneva to the west, Sandy Creek to the north, Tully to the south and ESM to the east.



Propaganda from the Past



Ms. Allen's eighth-grade students are learning about World War I and the impact propaganda had in America during this time. They were assigned to create their own propaganda poster from that time period. Pictured above is a WWI propaganda poster mural outside the classroom.

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On July 28, 1914, World War I officially began when Austria-Hungary declared war on Serbia. In Europe and beyond, country after country was drawn into the war by a web of alliances. It took three years, but on April 2, 1917, the U.S. entered the fray when Congress declared war on Germany.

The government didn't have time to waste while its citizens made up their minds about joining the fight. How could ordinary Americans be convinced to participate in the war "Over There," as one of the most popular songs of the era described it?

Posters—which were so well designed and illustrated that people collected and displayed them in fine art galleries—possessed both visual appeal and ease of reproduction. They could be pasted on the sides of buildings, put in the windows of homes, tacked up in workplaces, and resized to appear above cable car windows and in magazines. And they could easily be reprinted in a variety of languages.

To merge this popular form of advertising with key messages about the war, the U.S. government's public information committee formed a Division of Pictorial Publicity in 1917. The chairman, George Creel, asked Charles Dana Gibson, one of most famous American illustrators of the period, to be his partner in the effort. Gibson, who was president of the Society of Illustrators, reached out to the country's best illustrators and encouraged them to volunteer their creativity to the war effort.

These illustrators produced some indelible images, including one of the most iconic American images ever made: James Montgomery Flagg's stern image of Uncle Sam pointing to the viewer above the words, "I Want You for U.S. Army." (Flagg's inspiration came from an image of the British Secretary of State for War, Lord Kitchener, designed by Alfred Leete.)



Excerpt from *Smithsonianmag.com*

Meet 5 Bishop Ludden students, grades 8th through 12th



Trey Dennis, 8th grade

What are your favorite pastimes/hobbies?

My favorite hobbies are basketball and soccer.

What is the first thing you want to do once this pandemic is over?

The first thing I want to do when the pandemic is over is play basketball with my mask off and have a game with spectators.

What is your favorite subject(s) and why?

My favorite subjects are English and physical education. English is one of my favorite subjects because in English, Mr. Colabufo has a lot of good points on things we talk about and he is very funny. Gym is also one of my favorites because I think the teacher Mr. Servidone is a great teacher and I love the games we play in gym.

What career interests do you currently have?

Well, I want to be a vet but I also want to be a contractor so I'm kind of torn.

What do you love most about Ludden?

I mean, what isn't there to love? The school is great, the staff, the students, everything. It's like if heaven was school. I love Ludden so much.



have?

I am interested in becoming a doctor when I am older. Whether that is a pediatrician or a surgeon, I want to do something with kids!

What do you love most about Ludden?

What I love most about Ludden is that the teachers are always willing to help if you don't understand a topic.

Amelia Tkacz-Jimenez, 10th grade

What are your favorite pastimes/hobbies?

I love to draw. It is something I do every day and it makes me really happy.

What is the first thing you want to do once this pandemic is over?

The first thing I want to do once this pandemic is over is hug my friends.

What is your favorite subject(s) and why?

My favorite subject is art (even though I don't take it) because it's doing the thing I love, and Global because history is really interesting.

What career interests do you currently have?

I'm thinking of being a psychologist to help people work through their problems.

What do you love most about Ludden?

The thing I love most about Ludden is the atmosphere. I'm used to small schools and even if Ludden isn't as small as my middle school or elementary, it's still familiar. Also, it's nice to be able to walk around without getting lost.



Sarah Prowak, 9th grade

What are your favorite pastimes/hobbies?

My favorite hobbies are playing volleyball and doing crafts.

What is the first thing you want to do once this pandemic is over?

The first thing I want to do once the pandemic is over is to hang out with my friends and family without having to worry about masks and social distancing.

What is your favorite subject(s) and why?

My favorite subject is science. I enjoy learning new things and I love the topic of biology.

What career interests do you currently



Maddie Moen, 11th grade

What are your favorite pastimes/hobbies?

I enjoy playing soccer, basketball, and lacrosse as well as hanging out with family and friends.

What is the first thing you want to do once this pandemic is over?

The 1st thing I want to do is go to Dis-



ney!!

What is your favorite subject(s) and why?

My favorite subject is math because you are constantly learning something new and I love the feeling when we are learning something new and it clicks!

What career interests do you currently have?

I currently want to be an elementary school teacher or a special education teacher!

What do you love most about Ludden?

The close-knit community! It is extremely nice to be able to have friends in all grades and know everyone as well as build relationships with your teachers!

Aidan Craner, 12th grade

What are your favorite pastimes/hobbies?

My favorite hobbies are reading, hiking, and playing any sport or game possible.

What is the first thing you want to do once this pandemic is over?

The first thing I want to do once the pandemic is over is actually go to any kind of big live event, like an SU lacrosse game or a concert.

What is your favorite subject(s) and why?

My favorite subjects are IB Psych and AP Language because I find them extremely interesting and I enjoy learning about psychology and writing.

What career interests do you currently have?

My current career interest is in neuroscience, specifically on the research and development side of the field.

What do you love most about Ludden?

The thing I love most about Ludden is the learning atmosphere and how the teachers care and the environment encourages learning and branching out and trying new things.

What are your plans after graduation?

My plans after graduation are to attend college and study neuroscience, hopefully to at least the graduate level.



SCRIP PROGRAM: GIVE A GIFT CARD AND EARN MONEY TOWARD TUITION!



Do you shop at Target? Walmart? Amazon? JCPenney? Marshalls? Kohls? Barnes & Noble? Do you eat at Applebees? Olive Garden? Panera Bread? Cheesecake Factory? Subway? Dunkin' Donuts? Are you planning a big home improvement project with Lowe's or Home Depot? How about making vacation plans with Airbnb? American Airlines? Hilton Hotels? Carnival Cruise Lines? Disney?

SCRIP gives you the opportunity to earn credit towards your student's tuition when you make your normal purchases from hundreds of retailers

So, how does it work?

Think of it as substitute money. When you purchase a SCRIP, you're purchasing a normal gift card to use just like cash. But with every card you purchase, you're earning money back towards the cost of tuition at Ludden. SCRIP cards can be used for groceries, clothing, gifts, gasoline, vacations and more! Extended family and friends can also order through your student, earning your family even more credit toward tuition!

How does buying a SCRIP generate revenue?

You order your SCRIP gift cards through the school and pay full face value for them. Bishop Ludden is able to buy SCRIP from hundreds of local and nationwide retailers through the Great Lakes Scrip Center at a discount. The discount, which varies from 1.5% to 25%, is returned to you as tuition credit for the following school year.

For example, if you purchase a \$50 gift card from a retailer that is offering a 10% discount, you have already saved \$5 on next year's tuition bill.

If you're planning a shopping trip to Target or a dinner at Cheesecake Factory, plan ahead and shop with SCRIP! Earn money back in the process — it really adds up. Families have earned hundreds of dollars towards their tuition bills.

How do I order SCRIP?

Download and complete an order form. There is a one time \$20 set-up fee paid annually, which covers shipping costs. Send the order to school with your student on the due date (always on a Monday) and the rest is up to our SCRIP coordinator. Your SCRIP order is returned to you or your student at school the Friday of the same week.

Drop off	Pick up
March 15	March 19
April 26	April 30
May 11	May 15

If you will not have a student enrolled at Bishop Ludden next year, the rebate amount will be donated to the Ludden Fund. Bishop Ludden, our SCRIP coordinator is Heather Chemotti.

Please feel free to contact Heather at hchemotti9@gmail.com with any questions. For more information, including order forms and a full list of participating retailers, visit www.bishopludden.org.

Renewing Faith, Hope and Love, Lent 2021



Campus Ministry students lead Stations of the Cross on Wednesdays and Fridays in the Chapel. Up to 10 people can attend. Students can sign up during the day.

Photos by Annibell Coolican

“And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.”

Matthew 6:16-18



Message of the Holy Father Francis for Lent 2021 *source: syracusediocese.org*

The following is the text of the Message of the Holy Father Francis for Lent 2021, entitled: “Behold, we are going up to Jerusalem” (Mt 20: 18). Lent: A Time for Renewing Faith, Hope and Love:

Dear Brothers and Sisters,
Jesus revealed to his disciples the deepest meaning of his mission when he told them of his passion, death and resurrection, in fulfilment of the Father’s will. He then called the disciples to share in this mission for the salvation of the world.

In our Lenten journey towards Easter, let us remember the One who “humbled himself and became obedient unto death, even death on a cross” (Phil 2:8). During this season of conversion, let us renew our *faith*, draw from the “living water” of *hope*, and receive with open hearts the *love* of God, who makes us brothers and sisters in Christ. At the Easter vigil, we will renew our baptismal promises and experience rebirth as new men and women by the working of the Holy Spirit. This Lenten journey, like the entire pilgrimage of the Christian life, is even now illumined by the light of the resurrection, which inspires the

thoughts, attitudes and decisions of the followers of Christ. *Fasting, prayer and almsgiving*, as preached by Jesus (cf. Mt 6:1-18), enable and express our conversion. The path of poverty and self-denial (*fasting*), concern and loving care for the poor (*almsgiving*), and childlike dialogue with the Father (*prayer*) make it possible for us to live lives of sincere faith, living hope and effective charity.

1. Faith calls us to accept the truth and testify to it before God and all our brothers and sisters.

In this Lenten season, *accepting and living the truth revealed in Christ* means, first of all, opening our hearts to God’s word, which the Church passes on from generation to generation. This truth is not an abstract concept reserved for a chosen intelligent few. Instead, it is a message that all of us can receive and understand thanks to the wisdom of a heart open to the grandeur of God, who loves us even before we are aware of it. Christ himself is this truth. By taking on our humanity, even to its very limits, he has made himself the way – demanding, yet open to all – that leads to the fullness of life.

RELIGION

Message from Pope Francis *continued from page 12*

Fasting, experienced as a form of self-denial, helps those who undertake it in simplicity of heart to rediscover God's gift and to recognize that, created in his image and likeness, we find our fulfilment in him. In embracing the experience of poverty, those who fast make themselves poor with the poor and accumulate the treasure of a love both received and shared. In this way, fasting helps us to love God and our neighbour, inasmuch as love, as Saint Thomas Aquinas teaches, is a movement outwards that focuses our attention on others and considers them as one with ourselves (cf. *Fratelli Tutti*, 93).

Lent is a time for believing, for welcoming God into our lives and allowing him to "make his dwelling" among us (cf. *Jn* 14:23). Fasting involves being freed from all that weighs us down – like consumerism or an excess of information, whether true or false – in order to open the doors of our hearts to the One who comes to us, poor in all things, yet "full of grace and truth" (*Jn* 1:14): the Son of God our Saviour.

2. Hope as "living water" enabling us to continue our journey.

The Samaritan woman at the well, whom Jesus asks for a drink, does not understand what he means when he says that he can offer her "living water" (*Jn* 4:10). Naturally, she thinks that he is referring to material water, but Jesus is speaking of the Holy Spirit whom he will give in abundance through the paschal mystery, bestowing a hope that does not disappoint. Jesus had already spoken of this hope when, in telling of his passion and death, he said that he would "be raised on the third day" (*Mt* 20:19).

Jesus was speaking of the future opened up by the Father's mercy. Hoping with him and because of him means believing that history does not end with our mistakes, our violence and injustice, or the sin that crucifies Love. It means receiving from his open heart the Father's forgiveness.

In these times of trouble, when everything seems fragile and uncertain, it may appear challenging to speak of hope. Yet Lent is precisely the season of hope, when we turn back to God who patiently continues to care for his creation which we have often mistreated (cf. *Laudato Si'*, 32-33; 43-44). Saint Paul urges us to place our hope in reconciliation: "Be reconciled to God" (2 *Cor* 5:20). By receiving forgiveness in the sacrament that lies at the heart of our process of conversion, we in turn can spread forgiveness to others. Having received forgiveness ourselves, we can offer it through our willingness to enter into attentive dialogue with others and to give comfort to those experiencing sorrow and pain. God's forgiveness, offered also through our words and actions, enables us to experience an Easter of fraternity.

In Lent, may we be increasingly concerned with "speaking words of comfort, strength, consolation and encouragement, and not words that demean, sadden, anger or show scorn" (*Fratelli Tutti*, 223). In order to give hope to others, it is sometimes enough simply to be kind, to be "willing to set everything else aside in order to show interest, to give the gift of a smile, to speak a word of encouragement, to listen amid general indifference" (*ibid.*, 224).

Through recollection and silent prayer, hope is given to us as inspiration and interior light, illuminating the challenges and choices we face in our mission. Hence the need to pray (cf. *Mt* 6:6) and, in secret, to encounter the Father of tender love.

To experience Lent in hope entails growing in the realization that, in Jesus Christ, we are witnesses of new times, in which God is "making all things new" (cf. *Rev* 21:1-6). It means receiving the hope of Christ, who gave his life on the cross and was raised by God on the third day, and always being "prepared to make a defense to anyone who calls [us] to account for the hope that is in [us]" (1 *Pet* 3:15).

3. Love, following in the footsteps of Christ, in concern and compassion for all, is the highest expression of our faith and hope.

Love rejoices in seeing others grow. Hence it suffers when others are anguished, lonely, sick, homeless, despised or in need. Love is a leap of the heart; it brings us out of ourselves and creates bonds of sharing and communion.

"'Social love' makes it possible to advance towards a civilization of love, to which all of us can feel called. With its impulse to universality, love is capable of building a new world. No mere sentiment, it is the best means of discovering effective paths of development for everyone" (*Fratelli Tutti*, 183).

Love is a gift that gives meaning to our lives. It enables us to view those in need as members of our own family, as friends, brothers or sisters. A small amount, if given with love, never ends, but becomes a source of life and happiness. Such was the case with the jar of meal and jug of oil of the widow of Zarephath, who offered a cake of bread to the prophet Elijah (cf. 1 *Kings* 17:7-16); it was also the case with the loaves blessed, broken and given by Jesus to the disciples to distribute to the crowd (cf. *Mk* 6:30-44). Such is the case too with our almsgiving, whether small or large, when offered with joy and simplicity.

To experience Lent with love means caring for those who suffer or feel abandoned and fearful because of the Covid-19

Continued on page 14

RELIGION

Campus Ministry: Open to all grade levels

Membership in **Campus Ministry** is open to 10th- through 12th-graders. Everyone is considered a minister by becoming a part of the Ludden Community, whether or not he or she is able to attend the monthly meetings. Opportunities for ministering are designed for and by the students to practice living out their faith.

A select group of Campus Ministers at Bishop Ludden are known as the **Peer Leaders**. Through an application process, the group of 12th Graders are selected to foster and encourage the spiritual growth of the community. The role of Peer Leaders is to develop activities and programs that facilitate faith formation, including retreats and service projects. Peer Leaders also organize spiritual services and sacraments such as Liturgies, Penance Services and First Friday Adoration.



Sister Beth Ann poses with this year's Campus Ministry members. *Photo by Annibell Coolican*



Peer Leaders study theological values, stages of psychological and spiritual development and motivational techniques. They are expected to be creatively faith-filled while relating appropriately to the age group they're working with.

Different members take on responsibility for developing skits, conferences, service projects, liturgies, meditations, ice-breaker games, inviting speakers, creating schedules, and ordering any needed supplies. After each retreat, they review to assess their successes and difficulties.

Students interested in Peer Leadership or Campus Ministry should contact Sr. Beth Ann Dillon at badillon@syrdiocese.org. Applications for new Campus Ministry members for next year will be available in the last week of April.

Message from Pope Francis *continued from page 13*

pandemic. In these days of deep uncertainty about the future, let us keep in mind the Lord's word to his Servant, "Fear not, for I have redeemed you" (*Is* 43:1). In our charity, may we speak words of reassurance and help others to realize that God loves them as sons and daughters.

"Only a gaze transformed by charity can enable the dignity of others to be recognized and, as a consequence, the poor to be acknowledged and valued in their dignity, respected in their identity and culture, and thus truly integrated into society" (*Fratelli Tutti*, 187).

Dear brothers and sisters, every moment of our lives is a time for believing, hoping and loving. The call to experience Lent as a journey of conversion, prayer and sharing of our

goods, helps us – as communities and as individuals – to revive the faith that comes from the living Christ, the hope inspired by the breath of the Holy Spirit and the love flowing from the merciful heart of the Father.

May Mary, Mother of the Saviour, ever faithful at the foot of the cross and in the heart of the Church, sustain us with her loving presence. May the blessing of the risen Lord accompany all of us on our journey towards the light of Easter.

Rome, Saint John Lateran, 11 November 2020, the Memorial of Saint Martin of Tours

Francis

ALUMNI NEWSLETTER

A Parent's Perspective

Alumna Kathleen McGinn on how faith played role in choosing Ludden for son

By Kathleen McGinn

I am a proud graduate of Bishop Ludden. I shan't share my graduation year as not to embarrass our son, Patrick McGinn Hammer. As the old saying goes, I had to walk to school uphill, both ways. Additionally, when I went to school, the girls wore a uniform skirt below the knees and the basketball players wore tube socks up to the knees.

The first criteria in choosing a junior-senior high school for Patrick was the legacy of our Catholic faith. As a family, we find that faith in God and Church brings the comfort, peace, and guidance needed in this world and the future world. Bishop Ludden has a long reputation in service and care of our faith and they have upheld this Catholic tradition over many years.

The second criteria was the legacy of the Bishop Ludden family as I am one of ten McGinn siblings that graduated from Bishop Ludden.

I share with potential Bishop Ludden parents that this school offers a dedicated and learned staff (that we wish we could pay more) who have stepped up in prudence and faith during a pandemic to be ready online and in class for each period at 8am to educate our children. Also, in the midst of new health restrictions, BL instituted the prestigious International Baccalaureate program. This is the second of only two programs in central NY. Impressive!

I leave you with this thought. I recall a shy seventh grader terrified to be on stage crew who blossomed into song and dance in last year's production of *Oliver*. I see a group of friends that share similar interests and goals. I see a school, because of its size, with opportunities that abound in academics, extracurricular activities and faith.

Lastly, we are grateful that Patrick had a safe place to grow as teenage years are challenging. They were more burdensome as we worked through the illness of Patrick's father. Bishop Ludden supported us in prayer and attention. We thank you and ask God to bless you.



From left, Peter Hammer, Kathleen McGinn-Hammer and their son, Patrick Hammer (11th grade).

Share your good news

New Job? Big promotion? New house? Getting married? The birth of a new baby? Whatever it may be, we want to celebrate your successes! Congratulations and thank you for being an incredible representative of Bishop Ludden.

Most stories will be shared in the Bishop Ludden newsletter, on the website, social media and other outlets with links allowing you to share the news as well. Visit <https://www.bishopludden.org/alumni/good-news/>.

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Richard Brownell ('69) retired from the Air Force after 24 years, then retired from the Department of Energy as a Project Manager. He's enjoying the southern living and warmer winters and does NOT miss the snow. ***Go knights and Cuse!***

Why give to Ludden?

Bishop Ludden welcomes the many gifts of our alumni, friends, families and community members. We are grateful for the time of our volunteers who give unselfishly to help coordinate our annual events, assist in one of the many volunteer roles within the school or serve on one of our many committees. We thank you for all you do to continue to be our greatest advocates and supporters!

With the continued support of our Ludden Family we are able to celebrate more than 50 years of faith-filled academic excellence. Whether you purchase a Sweepstakes ticket or make a gift to the Ludden Fund, it is your generosity that enables us to provide for future generations.

A common theme from our alumni is that they wish for students of today to have the same Ludden experience they had. With the support and generosity of alumni, friends and family, they will.

By annually supporting the Ludden Fund, you are giving back so future generations can carry on the legacy of a Bishop Ludden education. Questions? Contact Kathy Gilheney at (315) 579-0061 or at kgilheney@syrdiocese.org.

BL to hold Inaugural Hall of Fame, set for July 31

Bishop Ludden is excited to announce it will honor and celebrate its Inaugural Athletic Hall of Fame inductees on July 31! Below is a list of the inductees, followed by profiles of three of the inductees: Pat Donnelly, Dr. Joan Thornton, and Mark Wadach.

Bishop Ludden High School 2021 Inaugural Athletic Hall of Fame

Athlete	Sport	Years
Mark Wadach	Basketball, Football, Baseball, Faculty	1966-69
Phil Harlow	Basketball, Track & Field	1966-69
Chet DeLucia	Football, Track & Field	1969-73
Joan Thornton	Basketball, Softball, Field Hockey	1973-76
Martha Mogish Rowe	Basketball	1974-77
Jim Roy	Golf	1974-77
Gretchen Byrne Burns	Basketball, Golf, Soccer, Speed Skating	1974-78
Mike Naton	Golf, Football	1974-78
Tom Whelan	Basketball, Cross Country, Lacrosse	1975-79
Pat Driscoll	Basketball	1982-85
John Johnstone	Baseball, Basketball	1984-87
Len Rauch	Basketball, Baseball	1984-87

Coach

Terry Quigley	Basketball, Faculty	1963-73
Dave Didio	Football, Track & Field, AD, Faculty	1966-86
Jerry Wilcox	Basketball, Faculty	1974-87
Pat Donnelly	Basketball	1988-2018

Special Recognition

Carol "Stash" Stanley	Softball—STAN MILL MITT	1963-67
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Team

Green Machine	Basketball	1968-69
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Green Machine Team

Bob Bachman
Joe Charles
Dan Craver
Robert Ganley
Thomas Halligan
Terry Iannello
Phil Harlow
Brad Kane

Gary Krohl
Ralph Petta
Thomas Savage
Mark Seredowych
Peter Tartaro
Mark Wadach
Patrick Wrobel

In Memoriam
Clark Kavanaugh
Kenneth McKinley
John O'Hearn
Mark Pisegna
Coach Terry Quigley
Coach David Didio

Save the dates!

Spring Sweepstakes Saturday, May 15

Bishop Ludden will be holding its Annual Spring Sweepstakes drawing. It will be held via livestream. For more info, see page 8 of this newsletter.

Athletic Hall of Fame Saturday, July 31

Bishop Ludden is excited to announce it will honor and celebrate its Inaugural Athletic Hall of Fame inductees.

Golf Tournament Monday, Aug. 2

Thank you to all who participated in and/or donated to the Patrick T. Mathews Gaelic Knights Open Golf Tournament. For the 20/21 school year more than \$15,000 has been donated to over 20 students in need of financial assistance. These funds came from the golf tournament.

Last year, the committee saw an opportunity for a more direct and continuing impact for the financial need of students. The committee plans to donate the proceeds of the tournament, still in Pat's name, to fund hardship scholarships for current students in need. These scholarships make it possible for students, who otherwise would be unable to attend Bishop Ludden, to realize their desire to be a part of our great community.

We thank you for your continued participation in this effort and SAVE THE DATE for the 2021 tournament, scheduled for August 2.

Donnelly, Thornton, and Wadach among inaugural inductees

Pat Donnelly



Talk Bishop Ludden basketball over the past quarter-century, and you start with Pat Donnelly.

He's not only the school's winningest coach, but his Ludden career actually goes back to the 1970's

when he played on the 1975 Section III championship squad – and then was a captain the following year as a senior.

He went on to play at Potsdam State where he captained the NCAA Division III Eastern Regional champs his final year. During his sophomore year, the team played in the regionals...and during his junior year, Potsdam made it to the D-III Final Four – losing in the national championship game.

Pat's coaching career began at East Syracuse-Minoa where he coached the JV's from 1980-82 and then the varsity through 1986. Taking over at his alma mater in 1987, his Ludden teams won a sectional-record seven consecutive championships (1993-99) and the New York State Public High School Athletic Association crowns in 1994 and 2012 – sandwiched around a State Final Four in 2001.

His overall coaching record – which includes 14 Onondaga County High School League championships and nine sectional titles – is a stellar 455-204 (.690).

This year Pat was named the Basketball Coaches Association of New York Coach of the Year (Section III – Class B) and the Central New York Coach of the Year. He also received the latter award in 1999. In 2009 he was honored by the Syracuse Sports Corporation (Believe to Achieve Coach of the Year) and the Blind Men and Criers (John Arcaro Coach's Award).

A board member of the Greater Syracuse Sports Hall of Fame as well as a Past President of the organization, Pat has been employed for 30 years by National Grid.

Mark Wadach



Bishop Ludden graduate Mark Wadach was a superb three-sport athlete for the Gaelic Knights in the late 1960s playing on the 1969 Green Ma-

chine team before heading off to play basketball for Roy Danforth at Syracuse University.

The 6-foot-1 Wadach was a hard-working forward for the Orangemen and a strong rebounder for his size. A member of "Roy's Runts," Wadach's heart and hustle made him a valuable player on the court. He started every game during a three-year span for the Orangemen and helped SU earn NIT bids in 1971 and 1972 and a NCAA Tournament berth in 1973.

Wadach finished his SU career with 533 rebounds and an 8 ppg career average. After college, Wadach returned to his high school alma mater to coach. He was an assistant basketball, football, and golf coach at Bishop Ludden from 1973-1985.

CAREER HIGHLIGHTS

- 1966-1969: Played football, basketball, and baseball at Bishop Ludden; Named Ludden's Most Valuable Athlete three times
- 1968-1969: Voted All-City in football and basketball
- 1969-1969: Named first team all-state in basketball
- 1969-1973: Three-year basketball starter at Syracuse University
- 1972-1973: Shared Lou Andreas Award with SU teammate Mike Lee
- 1996: Received the Vic Hanson Medal of Excellence from the SU Hardwood Club

Dr. Joan Thornton



Bishop Ludden High School and Niagara University basketball star, "Joan the Jet" was three-sport star athlete at Bishop Ludden (basketball, soft-

ball, field hockey).

Joan was selected as an outstanding athlete in her senior class (1976) and led Bishop Ludden to consecutive CNY City League and Section III Class B Basketball Championships. She was named MVP on both softball and field hockey teams.

She was invited to the World University Games tryouts and was the first woman ever awarded an athletic scholarship to Niagara University. At Niagara she was a 4-year captain/starter who scored 1106 points during her career, leading Niagara to third place in AIAW National Championship.

She was an Academic All-American; Bishop Ludden Distinguished Alumni Award winner; GTE Academic All-American Hall of Famer; Niagara University Athletic Hall of Famer; and on the MAAC Basketball Hall of Fame Honor Roll.

Profiles and Art Courtesy of the Greater Syracuse Hall of Fame



IN MEMORIAM

Paul A. Porillo, BL alumnus, Class of 1982

Paul A. Porillo, 57, of Syracuse, New York passed away on Saturday, February 20, at Sitrin Neuro-Care in New Hartford, NY. Paul graduated from Bishop Ludden High School and LeMoyne College and worked in the environmental field.



Paul had an easy-going personality and was liked by anyone who met him. He was blessed by many caring friends. He enjoyed golfing, traveling and being with his family. Paul is predeceased by his father, Anthony in 2006. He is survived by his mother, Patricia, sisters, Mary and Lisa, brother, Jim, nieces, Kayla, Taylore, Jolesa, and nephews, Nicholas, Aidan and J.C.

A funeral service was held on Friday, February 26th at the Edward J. Ryan & Son Funeral Home, 3180 Bellevue Ave., Syracuse, NY, 13219. Burial was private in St. Mary's Cemetery.

Contributions in Paul's memory can be made to Huntington's Disease Society of America 505 Eighth Avenue, Suite 902 New York, NY 10018.

HOPE for Bereaved offers support groups that cover many different forms of grief as well as one-on-one counseling. The organization was founded on the understanding that sharing the journey from grief to hope with others who are going through or have experienced the same suffering is essential to the healing process.

HOPE for Bereaved staffs a Help Line [315 475-HOPE \(4673\)](tel:315475-HOPE), publishes a monthly newsletter and presents community education programs to stay closely connected with those in need – always free of charge.

With Gratitude

Dad's List. That is the title of the letter that the Chilinski family sent to us, along with the beautiful card pictured here. Joseph Chilinski's list was, in fact, a list made to ensure that some gifts would be made after he passed away. His sons followed through with his wishes.

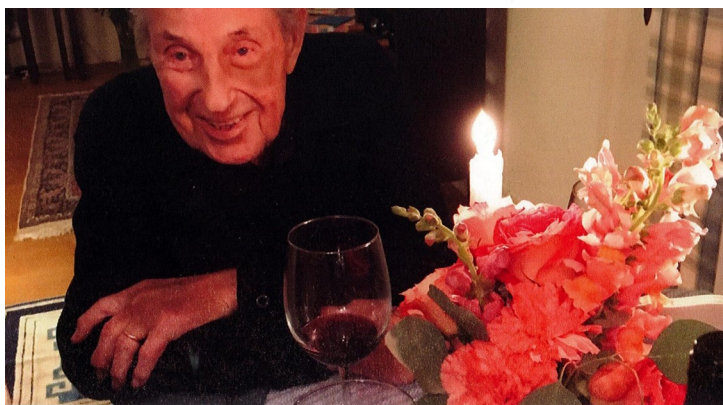
God bless Joseph, he generously included Bishop Ludden on his list. He and his wife Sophia also gave a gift to Bishop Ludden years ago. They sent their three sons to Bishop Ludden. Richard, David and Steve graduated in 1969, 1972 and 1977, respectively.

Thank you to Joseph and Sophia for your support and generosity and thank you to Richard, David, and Steve for carrying out your parents' wishes. Your gift will help students at Bishop Ludden and for that we are very grateful.

With Gratitude,
The Bishop Ludden Community



SOPHIE AND JOSEPH CHILINSKI




KNOW HIS FINAL THOUGHTS INCLUDED YOU.

Here's to the good that found you
and the great that awaits.

WITH GRATITUDE, THE CHILINSKI FAMILY

March

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Chicken & Gravy over Rice, Corn, Fruit, Milk	2 Pasta with Meat Sauce, Vegeta- ble, Fruit, Milk	3 Hamburger, Veg- etable, Fruit, Milk	4 Chicken Nug- gets, Green Beans, Fruit, Milk	5 Macaroni and Cheese, Vegeta- bles, Fruit, Milk	6 
7	8 Chicken Fritters, Vegetable, Fruit, Milk	9 Pasta with Meat Sauce, Beans, Fruit, Milk	10 Meatball Sub, Vegetable, Fruit, Milk	11 Toasted Turkey & Cheese Sand- wich, Broccoli, Fruit, Milk	12 Pizza, Vegetable, Fruit, Milk	13
14	15 Chicken Patty, Corn, Fruit, Milk	16 Nacho Grande, Vegetable, Fruit, Milk	17 French Toast Sticks, Sausage, Fruit, Milk	18 Spicy Chicken Wrap, Beans, Fruit, Milk	19 Grilled Cheese, Tomato Soup, Fruit, Milk	20
21	22 Spicy Chicken Nuggets, Green Beans, Fruit, Milk	23 Macaroni and Cheese, Vegeta- ble, Fruit, Milk	24 Burrito, Corn, Fruit, Milk	25 Hot Dog, Vegeta- ble, Fruit, Milk	26 Tuna Melt, Vege- table Fruit, Milk	27
28	29 Spring Break _____	30 _____	31 _____			